SWIM

APRIL 1975 NUMBER 11

Leslie Cliff, Vancouver Canadian Dolphin Swim Club

Photo by Tony Duffy

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OPINION

Julian Carroll, executive director of CASA acted as spokesman for most of the national sports governing bodies at a recent press conference.

He made a plea for increased support of our Olympic athletes by government, the media, the public and business.

Carroll stated that athletes are becoming discouraged by the lack of support and their performance is being jeopardized.

He called for a 10 point program to set priorities:

From the Federal government it asks:

— A statement from the Prime Minister pledging full Cabinet and federal Government support of Olympic athletes;

— Financing for a program of information on Canadian Olympic athletes;

From business:

— Part-time jobs for athletes near training sites;

— Time away from jobs for competition;

— Increased contributions to the Olympic Trust;

From the media:

— A weekly, prime-time network television show beginning this summer and reporting on the progress of Canada's Olympic athletes;

— A special Olympic sports magazine distributed nationally and featuring Canada's international athletes;

From the public:

— Answers to a public opinion poll to determine more precisely Canadians' interest in, and expectations of, Olympic athletes;

—Letters to Members of Parliament expressing support of Canadian athletes in the Olympics;

— Contributions to national sports assosciations.

CALENDAR

DATE	NAME OF MEET & LOCATION	TYPE OF MEET & COURSE
April		
4-6	Cardinal Spring Meet (Winnipeg)	Age Group & Senior (50m)
4-5	Prince George Invitational	Age Group & Senior (25m)
3-5	Ontario Senior Championships (Sudbury)	Senior (50m)
11-13	Quebec Provincial Championships	Age Group (25m)
11-13	Ontario Championships (Ottawa)	Age Group (25m)
11-13	North Battleford Invitational	Age Group (25m)
9-12	USA Indoor Championships(Cincinnati)	Senior (25y)
12	Nova Scotia Junior Olympics	Age Group (25m)
19-20	Aluminum City Inv (Kitimat, BC)	Age Group & Senior (25m)
25-27	Eastern Canadians (Brantford)	Senior (50m)
26-27	Prince Edward Island Championships	Senior
26-27	Quebec vs New England	Age Group
26-27	Edmonton Invitational	Senior (50m) Age Group (25y)
May		
2-4	Manitoba Open (Winnipeg)	Age Group & Senior (50m)
16—19	**Canadian Winter Nationals**	**Senior (50m)**
17-18	Alberta vs BC dual meet	Age Group (25m)
24-25	Prairie All Star Meet (Winnipeg)	Age Group (50m)
24-25	Hyack Invitational	Age Group & Senior (50m)
23-25	Canadian "Y" Championships(Waterloo)	Age Group & Senior (50m)
23-25	Hamilton Invitational	Age Group & Senior (50m)
30-1	Atlantic Open (Halifax)	Senior (50m)
30-1	Prince George Festival of Sports	
June		
7-8	Victoria Invitational	Senior (50m)
13-15	Oakville Invitational	Senior & Age Group (50m)
13-15	Manitoba Championships (Closed)	Age Group (50m)
14-15	Nova Scotia Championships (Halifax)	Age Group (50m)
21-22	Ottawa Eagle-Beaver	Age Group & Senior (50m)
20-22	Thunderbolt Invitational (Thunder Bay)	Age Group (50m)
20-22	Alberta Summer Championships(Edmonton)	Age Group (50m)
July		
5-6	Cascade Stampede Invitational (Calgary)	Age Group & Senior (50m)
4-6	Ontario Championships(Hamilton)	Senior (50m)
11-12	Nova Scotia Senior Champs.(Halifax)	Senior (50m)
12-13	Brantford Invitational	Age Group & Senior (50m)
18-27	**World Championships (Cali,Colombia)**	
18-20	Pointe Claire Invitational	Senior (50m)
19-20	London Invitational	Age Group & Senior (50m)
18-20	Alberta Championships (Calgary)	Senior (50m)
26-27	Ontario Championships	Senior (50m)
25-27	Manitoba Championships	Senior (50m)
25-27	Ontario Championships(Ottawa)	Age Group (50m)
August		
4-7	West Division II (Vancouver	Senior (50m)
4-7	East Division II (Pointe Claire)	Senior (50m)
8-11	**Summer Nationals (Calgary)**	**Senior (50m)**
14-17	Western Canada Games (Closed)	Senior (50m)

CONTENT

SWIM April 1975 / Volume 2, Number 11

INFORMATION
3 Calendar
12 Record Round Up
13 TAG program

FEATURES
3 Opinion
4 Interview: Leslie Cliff
8 University Swimming
14 Berlin Age Group Meet

DEPARTMENTS
10 Natation Quebec
13 Swimming Canada
19 International

SWIM STAFF

Nick J.Thierry
Editor and Publisher

Nancy Thomson, Jim Shaw
Editorial Assistants

EDITORIAL OFFICES
77 Huntley Street, No.2102
Toronto, Ontario, M4Y 2P3
Canada. (416) 921-9202

For advertising rates write to the Editorial Offices.

For change of address or circulation matters write to
Swimming Canada Natation
333 River Road, Ottawa
Ontario, K1L 8B9, Canada.

interview LESLIE CLIFF

Interview made by Jim Shaw on March 1, 1975 during the Vancouver CDSC Invitational meet.

When and where did you start swimming?

I used to swim for a summer club for two months of the year. I had my first race at age four and I stayed in the summer club until I was 11. The summer club coach then suggested that I join the Canadian Dolphin Swim Club. This was in 1966.

Describe the summer club.

We used to swim only eight weeks duirng the summer. My coach there was a good one, he had been a regular club coach previously and a former international swimmer. He could see that I liked to train and he encouraged me to continue to develop in the sport. When I joined CDSC, Howard Firby was still coaching there and Jane Hughes and Elaine Tanner were the big stars.

What was your age group swimming like?

When I joined CDSC there were a lot of very good 11-12 year-olds in the club especially the likes of Elaine Clark, Karen Zajac and Karen Smith. The three of them held a lot of the age group records of the day. Usually when I raced against them I would finish fifth or sixth. I really wasn't expected to do all that well. I sort of just plugged along. I did not hold any 11-12 age group records. By the time I was 14 I did manage to better some of the age group marks. At that point Deryk Snelling had come to Vancouver.

How do you feel about competition for young age groupers, say 10 & under or 11-12?

I don't think it's all that good. But, then I guess I am prejudiced because of the way I did it. Those kids I mentioned earlier, the ones that always beat me when I was 11, 12, 13, never made a National Team because they were pushed so much at a young age. I could see their parents really being the driving force behind them. While, my parents, never even came to see me swim as an age grouper. In fact, had it not been for a friend on the team who lived near me I couldn't even have been able to get to the workouts.

Recently I was down in California at Mission Viejo and the little kids there are worked really hard and pushed to go for records. I should think they could spend a lot more time on stroke technique at that stage. I definitely don't think 11-12 year old boys should be too conscious of times , although many of the girls are capable of it by then. They should all just spend a lot of time getting a sound foundation in the sport and learn more than just winning or loosing age group races. I think there is only so many age group races you can win in any case and you should really experience having to swim well regardless of where you place.

Why did you say that 11-12 year old girls can swim better than the boys?

It seems to me that girls can do a relatively faster time at an earlier age. The boys just aren't strong enough. Even Steve Pickell, who is now 17, almost 18, is only now becoming a world-class swimmer, but many girls of the same age have already retired. Shane Gould quit when she was 17, having held all the world records in free at that time as well as the 200 im. Girls reach their peak sooner than men. Or seem to be able to swim world class times a lot sooner. That's why I feel that by 11 a girl is ready to start training seriously, while a boy should be at least 13 or 14.

When did you decide that you wanted to be a national champion and break into world class swimming ?

I made the 1970 Commonwealth Games and I was just one of the extras, as it were, but it was experience. It was good because I didn't have any pressure on me, and no chance to win. I came back from those Games a pretty good swimmer and I was really big-headed. I was one of Canada's best and I forgot that I was just one of the "extras." I returned to compete in the 1970 Nationals and won the 200 im. My coach, instead of letting me have the rest of the summer off, made me go to the American Nationals. This meant training another three weeks, and by the time I got there I was way over-tapered and at the meet I was barely able to swim fast enough to make the qualifying times. That really brought me back down. I looked at people like Lynn Colella and Susie Atwood and I thought I could never beat them. But then I looked at the swimmers who were in the consolation finals and figured that I could beat them. So immediately following that meet, I started really into my training with the 1971 Pan Ams in mind. I guess Deryk had a lot to do with it!

It was the experience of the U.S. Nationals, which I am sure made it possible for me to later swim so well at the Pan Ams.

What role did Deryl Snelling, and the other coaches you've had, play in the realization of your goals ?

First of all, it is really hard to make yourself think that you could someday be really good. The most important thing for a coach is to say to the swimmer that *"you can do it."* That's what Deryk kept telling me. But I heard it so often that I almost stoped listening. He would tell me that I could be better, even world-class, and at first I just couldn't believe it.

You see that sort of thing with the younger kids of today. They are pushed into world-class swimming and they don't really want to go.

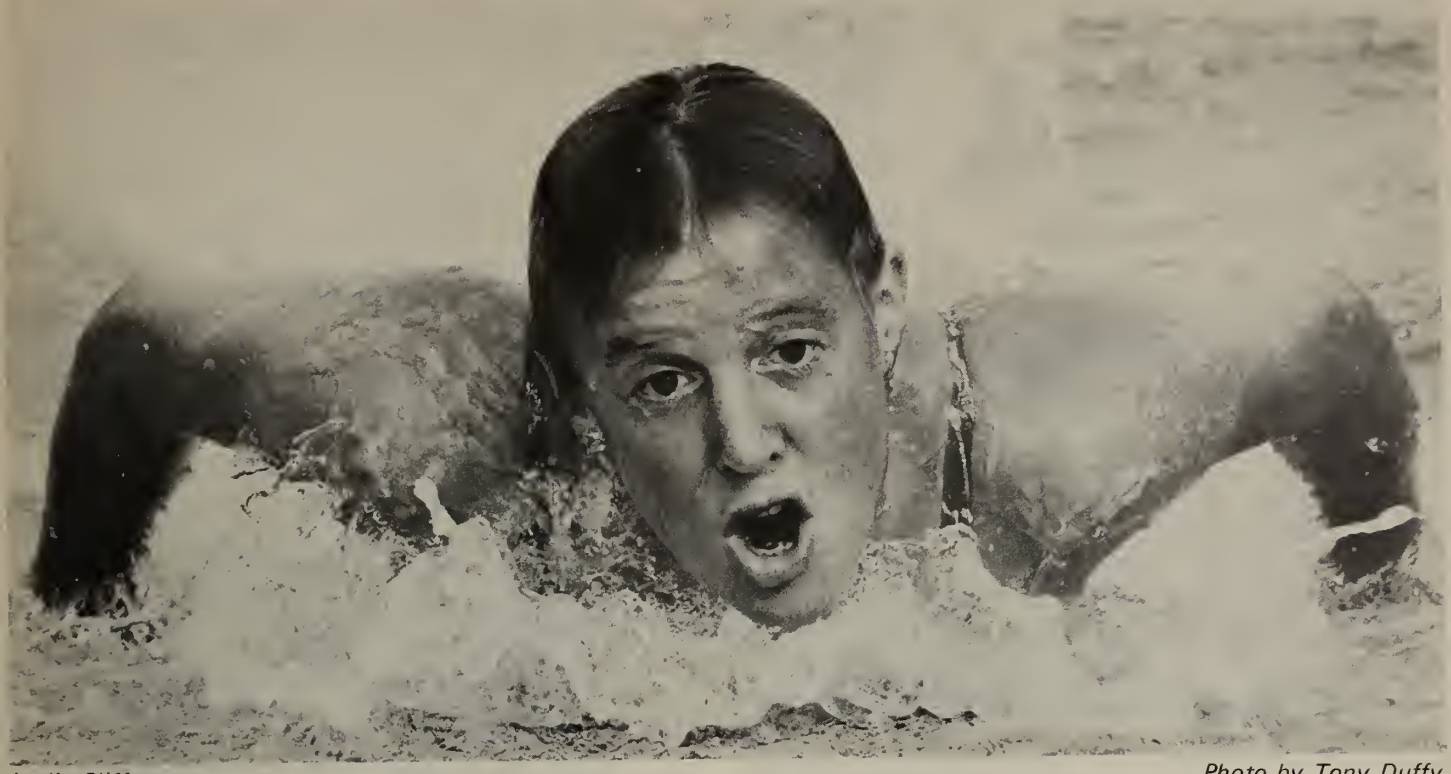
Deryk just kept telling me and giving me confidence by doing things in workouts and saying *"Look, you can do this in workouts, you can do it in a race."* It's a slow process, more mental than physiological. One has a big mental block when having to race the world's best and then being told *" you can win."*

The most scared I have ever been before a race was at the 71 Pan Ams. I had never gone against the best and tried to beat them. I told myself that I just couldn't win, that was Susie Atwood. But I did it. It was Deryk telling me over and over again that I could do it. I wouldn't have done it otherwise.

What role did your parents have in your becoming an international swimmer ?

While I was still an age grouper, they were very much out of it. I really didn't mind that at all. I felt like I was really doing something on my own. I come from a spoiled family where I get pretty much everything I want. So , it was really something to have to do it on my own. Nothing in swimming was given to me and I really had to work to get anywhere. I enjoyed that. I enjoyed my parents not being around me.

As I got older, they started to play a bigger role and helped me along. They helped to make some decisions, like how much effort to put into school, swimming. Now that I am almost 20, why am I still sitting around a pool 4 hours a day; they didn't question



Leslie Cliff *Photo by Tony Duffy*

any of the decision's I made, they didn't even suggest answers. They would ask *"What do you think ?"* And I would tell them. They would say *"Your're right."* Even if they felt my decision was screw-ball, the fact that it was my decision, would be enough. So you see, they have been really helpful.

To what do you atribute your versatility ?

Because I swim for a club that is involved with scoring a lot of points and winning meets. I remember when I was still swimming at the summer club, I had to swim so many events in order to get as many points as possible. With the Dolphins, early on, I got into the same pattern. We would swim as many events as possible to win by the biggest margin possible. I could always score, maybe not win.

I never thought to specialize in the individual medley but Deryk kept pushing me. I couldn't see it, as I could "score" in so many other events.

Do you think that the age of single event specialization is here ?

That question would be a good one 20 years age and 20 years from now. People will always want to specialize. There are different types of swimmers, some, like to swim a lot of events and some to specialize. So what is right for one individual is not necesarily right for another. If you're a breaststroker than that's all you can do well, and you really have no choice.

I don't like to see 12-13 year olds deciding that they can't do a stroke anymore so they don't try or don't want to learn. As you get older and much faster it's hard not to specialize. But even then it is not too late to switch. Pokey Watson from the U.S. won the 200 back at the 1968 Olympics, having been a freestyler all her career; Keena Rothhammer was a backstroker, until she became of freestyler and an Olympic champion and world record holder.

I don't like to see very young kids single out events, but as you get older and nearer the top, it's hard not to specialize.

How many hours a week do you spend training ?

This year, I spend about 4 hours daily. That's 22 hours a week, sometimes we only train 3 morning so that would reduce our weekly total by 4 hours.

What is typical total distance covered by workout, or per week ?

Usually we do about 10,000 meters long course a day in the fall. During very hard periods we may put in 60,000 meters a week. For maybe 2 weeks a year we might go as high as 70,000 meters.

We don't train as hard as people think. The Dolphins used to train so much harder than everyone in Canada that they thought we were crazy. But now there are many other clubs that train a lot harder covering a lot more distance.

We have a lot of sprinters and Deryk understands them very well. He really likes to be a sprint coach so he doesn't go crazy on the distance. We do our share of it however. Like tomorrow morning, Michael Ker and I are the only ones coming in, because we are the distance swimmers. So there is a different approach for the sprinters and distance swimmers.

You would be surprised at the workouts Wendy and Steve do. While we would do a hard set of 10 x 200free, they would do 400 single arm back, 400 double arm back. Deryk is very versatile in the type of workouts he gives, so don't judge the Dolphins by what I do.

The distance group has their own circle and we will do our distance work while the breaststrokers could be working on their dives. As Deryk often says *"Look at Mahony, you don't need all that distance in training."*

How many months a year do you swim ?

I guess it changes from year-to-year. Generally, I take time-off after the summer season. Other times, I have taken a brief rest after the U.S. Winter AAU Nationals, usually a week. This year I didn't take much time off at the end of the summer. I started working out almost immediately. I think I am in much better shape at this stage in the season than a year ago, when I was having a bit of a letdown after the Commonwealth Games in January. So it works out to 10-11 months for most years.

What has been your longest planned rest period after you started making the National Team.?

It must have been after the 1972 Olympics, we weren't allowed to come back until half way through October. That was about a one month lay-off. But that was only once. The rest of the times it is about three weeks.

I don't think someone should take big breaks. That post-Olympic year was a bad year for everyone. George Haines said that he would never allow his team to rest as much after the Olympics,

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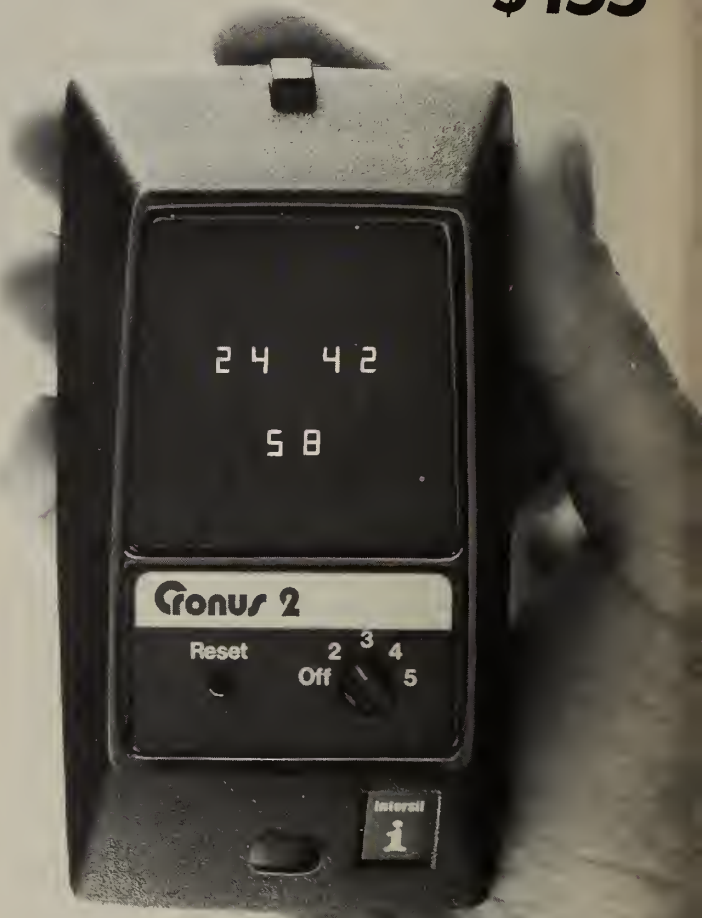

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because it is that much harder to get back. After a major Games, you come down mentally as well as physiologically so you really end up getting out of shape. I think it is better to get back into the water a lot sooner.

In an individual workout what percentage goes toward drills or mechanics as against training ?

That will depend on the time of year. Generally, not much. During the taper we will do as much 65% of a workout in the form of drills. The same thing will apply for the early season. When we are training hard, it would be only about 2-3%. The sprinters do a great deal more during the whole year.

Do you feel that more frequent world competition will keep people in swimming ?

I think that it will help a lot. If there hadn't been a World Championships in 1973, the post Olympic drop-off would have been even worse.

Will the World Championships become more important than the Olympics ?

I think that that is a personal judgement. But for all the places I've been nothing will replace the Olympics. Bruce Robertson, won in Belgrade, but had he won in Munich, there wouldn't be a sports writer in the country that wouldn't know his name. As it is now, he is a virtual unknown, even though he is a World Champion.

Can you speculate as to the times needed to make the 1976 Olympic team.

With an increasing number of great 400 i.m. swimmers the trials could be really fast or quite slow. There have been a couple of 5:04's already and Becky Smith just went 5:00.5 so possibly 4:57. will be needed just to make the team. I don't think the world record will be much faster than that it is now.

With our Trials shaping up as such a hard meet, it might be really hard to improve upon that swim for the Games. That is one of the troubles of our swimming improving so much. When you have to come up so much just to make the team, than it might be very hard to get up again for the Games.

Do you think there is much pressure against women in the sport so as to make them quit at a young age ?

It's hard to say especially when you've had success when your young. Regardless of age, when the younger kids start climbing all over your back, you feel the pressure. When you're a world class swimmer the pressure is even greater. People seem to expect the younger swimmers to win. As you get older and are no longer world class, you just swim for the satisfaction, *but then you should always swim like that.* Jane Rogers (Hughes) came back in 1973 and just had a ball. No one expected her to do anything great, so she had no pressure. If she did well that was fine and if she didn't that was O.K. If you are world class, it's much harder to keep going, having faster younger people coming up. You watch them creep up and sometimes pass you. You have to work to keep up or surpass them. It's not easy.

Even guys get out before they reach their peak, due to the pressure.

How important has been your coach in helping you to stay with swimming ?

He has been very important. Right now I have no doubts about my coaching. But I experienced some doubts after 1973. I appreciate Deryk so much and realize how lucky I am to have him. If he says something that I may not agree with, I make myself believe in him because I know if I want to make the Montreal team it will be because of him.

At a younger age it's all so much more difficult to handle. At 15 there are many other things making an impression and the coach saying you can achieve something just doesn't have much meaning. I've had all these doubts, but now I have decided on what I want. I'm no longer a young kid who knows nothing else but swimming. I am able to make a choice and still I want to succeed at I want to choose.

Career Highlights

1970 Commonwealth Games Team
1971 Pan American Games Team
Gold in 200-400 im and 400 MR
1972 Olympic Games Team
Silver in 400 im
1973 World Championship Team
1974 Commonwealth Games Team
Gold in 200-400 im
1968-74 Canadian Championships
Winner of 13 individual titles
1973 USA Indoor Championships
Gold in 200 im, Silver in 400 im.

Now that you are a top level swimmer, how do you feel about media pressure and the exposure you've had ?

Right now it hardly affects me at all. I'm used to it. It really bothered me at first. I hate it when the press comes up to talk or take pictures. Deryk would have to come over and repeatedly calm me down. At Belgrad in 1973, the pressure was really on. I was the Olympic silver medalist, and all the press people had me on their list as someone to talk to and to take pictures, even though they didn't know anything. I feel now, that all that attention, was the reason I did so poorly there.

But now, there is not much pressure on me. I haven't won too many big things lately with the exception of New Zealand in early 1974. I can handle it much better now in anycase. I see the pressure on Wendy and Steve now that they are so good. They're smart and can probably handle it. But to think what pressure did to Elaine Tanner!

What is your ultimate ambition in swimming ?

To make the 1976 Olympic Team and to do as well as I can when I'm there. It's hard to look beyond. With our swimming improving so much, just making the Canadian team will get you into the finals. If you're that close than another couple of seconds drop and you're in the money.

NATIONALS' SUMMARY 1968-74

National Championships	*Age*	100 m free	200 m free	400 m free	800 m free	100 m back	200 m back	100 m breast	200 m breast	100 m fly	200 m fly	200 m i.m.	400 m i.m.
1968 Winnipeg,Aug	*13*		2:23.8 *(12)*	5:01.9 *(7)*	10:11.1 *(6)*					1:14.8 *(13)*		2:49.7 *(24)*	5:55.8 *(16)*
1969 Pte-Claire,Aug	*14*		2:19.5 *(4)*	4:53.6 *(4)*	10:21.3 *(8)*		2:42.0 *(11)*			1:11.8 *(5)*		2:38.7 *(7)*	
1970 Winnipeg,Aug	*15*	1:04.5 *(8)*	2:17.6 *(3)*	4:47.8 *(2)*	10:04.1 *(2)*	1:13.0 *(8)*	2:32.0 *(13)*			1:10.7 *(7)*	2:44.6 *(11)*	**2:33.9** *(1)*	5:25.9 *(3)*
1971 Edmonton,Jul	*16*	1:02.8 *(6)*	2:14.5 *(2)*	4:44.7 *(2)*	9:50.9 *(3)*	1:10.3 *(3)*	2:34.3 *(4)*	1:22.9 *(4)*	**2:51.6** *(1)*	**1:08.1** *(1)*	**2:28.6** *(1)*	**2:31.9** *(1)*	**5:25.3** *(1)*
1972 Winnipeg,Aug	*17*	1:01.61 *(3)*	2:13.71 *(3)*	4:38.7 scratch	**9:31.7** *(1)*	1:09.32 *(4)*	2:25.69 *(3)*	disq.	2:54.67 scratch	**1:05.95** *(1)*	2:27.03 *(2)*	**2:25.77** *(1)*	**5:11.53** *(1)*
1973 Quebec, Jul	*18*	1:00.77 *(2)*	**2:09.88** *(1)*	4:39.05 scratch	**9:20.58** *(1)*	1:10.19 *(5)*	2:28.19 *(4)*	1:22.97 scratch	2:51.52 scratch	1:08.3 *(3)*	2:26.72 *(3)*	**2:25.9** *(1)*	**5:08.17** *(1)*
1974 Ottawa,Aug	*19*	1:01.04 scratch	2:07.84 *(4)*	4:24.26 *(2)*	9:10.58 *(2)*	1:14.53	2:35.55				2:26.96 *(13)*	2:27.6 *(3)*	5:02.7 *(2)*

university swimming 1975

ELEVENTH CIAU CHAMPIONSHIPS

The 11th annual Canadian Intercollegiate Athletic Union Championships took place, in Thunder Bay's Lakehead University, Feb.28 and March 1, 1975.

Outstanding swimmer of the meet were triple winners Paul Hughes of UBC, who took the 200 back, 200-400 i.m. and Kerri Skilling, Lakehead, winning the 200-400-800 yards freestyle.

Voted as coach of the year was Bob Eynon, University of Western Ontario.

Another triple winner was McGill's Bob Kasting, now studying Law. Bob took care of the sprint events with wins in the 50-100 free and 100 fly.

Alberta's Diane King (formerly Turner) is a veteran American national finalist, now married and studying at the U. of Alberta in Edmonton won three with 100-200 breast and the 200 fly.

The women's events were the most improved with all but three events having faster winning times than a year ago.

University of Toronto won the men's team title, with Univ.of Alberta winning the women's.

John Van Buren, Simon Fraser University, bettered the Senior Canadian record for the 200 yards individual medley with 1:54.77 as well as posting the second fastest ever 100 yards back time of 52.24, undoubtedly the top Canadian university performer of 1975 !

11th Annual Canadian Intercollegiate Athletic Union Championships
Lakehead Univ.Thunder Bay, Feb 28- Mar.1, 1975 Course 25 yds.

MEN'S EVENTS

50 yards freestyle
21.8 Bob Kasting, McGill
21.9 George Steplock,McMaster
22.3 Dave Wilkin, Toronto
100 yards freestyle
48.3 Bob Kasting, McGill
48.5 Dave Wilkin, Toronto
48.7 George Steplock, McMaster
200 yards freestyle
1:46.7 John Starratt, Alberta
1:47.6 Dave Wilson, Waterloo
1:48.0 Mike Hibberd, Toronto
500 yards freestyle
4:49.6 Ross Nelson, Alberta
4:51.3 Shawn Laari, Toronto
4:52.8 Mike Hibberd, Toronto
1650 yards freestyle
16:43.7 Ross Nelson, Alberta
17:05.9 Shawn Laari, Toronto
17:12.3 Jay Steel, Toronto
100 yards backstroke
55.1 George Gross, Toronto
56.0 Greg Vanular, Toronto
56.1 Derek Cathro, Alberta
200 yards backstroke
1:58.2 Paul Hughes, UBC
1:59.5 George Gross, Toronto
2:02.0 Greg Vanular, Toronto
100 yards breaststroke
1:01.0 Juri Daniel, Toronto
1:01.9 Roman Bauman, Laurentian
1:02.2 Butch Skusky, Calgary
200 yards breaststroke
2:14.9 Butch Skulsky, Calgary
2:15.0 Roman Bauman, Laurentian
2:17.3 Juri Daniel, Toronto
100 yards butterfly
51.2 Bob Kasting, McGill
53.5 Mike Pearson, Ottawa
54.0 Derek Cathro, Alberta
200 yards butterfly
1:59.6 John Starratt;Alberta
2:02.5 Paul Ahloy, Waterloo
2:04.2 Neil Sherwood, Manitoba
200 yards individual medley
2:00.7 Paul Hughes, UBC
2:02.3 John Starratt, Alberta
2:02.9 Mike Pearson, Ottawa
400 yards individual medley
4:17.0 Paul Hughes, UBC
4:22.3 Ross Nelson, Alberta
4:24.9 Shawn Laari, Toronto
400 yards medley relay
3:36.8 Toronto
3:45.0 Ottawa
3:45.0 Univ.British Columbia
400 yards freestyle relay
3:14.1 Toronto
3:16.0 Alberta
3:16.2 McGill
800 yards freestyle relay
7:15.7 Toronto
7:17.7 Alberta
7:24.5 Waterloo

WOMEN'S EVENTS

50 yards freestyle
25.0 Andrea Kerr, Lakehead
25.1 Paula Stewart, Calgary
25.9 Anne Summers, McGill
100 yards freestyle
56.5 Paula Stewart, Calgary
56.5 Anne Summers, McGill
56.8 Sue Alderson, York
200 yards freestyle
1:54.1 Kerri Skilling, Lakehead
2:03.5 Jeannie Jensen,UBC
2:05.0 Paula Stewart, Calgary
400 yards freestyle
3:59.6 Kerri Skilling, Lakehead
4:16.3 Sara MacFayden, UBC
4:22.5 Karen Nelson, Alberta
800 yards freestyle
8:12.9 Kerri Skilling, Lakehead
8:53.7 Maida Murray, Waterloo
8:53.8 Karen Nelson, Alberta
100 yards backstroke
1:03.6 Pam Gilmore, UBC
1:03.9 Wanda DePape, Lakehead
1:07.1 Marg Murray, Waterloo
200 yards backstroke
2:12.9 Wanda DePape, Lakehead
2:18.4 Pam Gilmore, UBC
2:21.8 Joan Scott, Calgary
100 yards breaststroke
1:10.2 Diane King, Alberta
1:11.5 Pat Kitchen, Western
1:13.3 Jane Wright, Toronto
200 yards breaststroke
2:29.1 Diane King, Alberta
2:36.0 Jane Wright, Toronto
2:36.4 Pat Kitchen, Western
100 yards butterfly
1:00.5 Andrea Kerr, Lakehead
1:01.4 Sara MacFayden, UBC
1:02.0 Pat Gibson, Lakehead
200 yards butterfly
2:09.6 Diane King, Alberta
2:17.5 Debbie Prince, UNB
2:17.5 Pat Gibson, Lakehead
200 yards individual medley
2:14.9 Pat Gibson, Lakehead
2:20.8 Lynn Purdy, Alberta
2:21.4 Joan Scott, Calgary
400 yards individual medley
4:44.8 Wanda DePape, Lakehead
4:53.7 Jane Wright, Toronto
4:57.7 Karen Nelson, Alberta
400 yards medley relay
4:11.8 Lakehead
4:17.0 Alberta
4:23.3 Univ.British Columbia
400 yards freestyle relay
3:40.9 Lakehead
3:51.6 Alberta
3:51.8 Univ.British Columbia

NAIA CHAMPIONSHIPS

Simon Fraser of Burnaby,B.C. retained its NAIA championships with 515 points, which was more than double for the runner-up team from Central Washington.

SFU competes in the NAIA a small-college league involving American universities, as it is not a member of the Canadian league or CIAU.

This year, Paul Savage's Clansmen were strengthened even further by the addition of two Swede's in Anders Sandberg and Svante Zetterlund.

Ann Marie McCaffrey was able to compete in the men's meet, as she was just fast enough to qualify in the 1650 free.

Five senior Canadian records were bettered by SFU, coming in the 50 free, 1650 free, 200 i.m. and the 400-800 free relays.

NAIA Championships
Marshall,Minn. March 6-8, 25 yards (Simon Fraser results only)
50 yards freestyle
21.05 Gary MacDonald
100 yards freestyle
47.17 Gary MacDonald,
200 yards freestyle
1:44.24 Pat McCloskey
1:45.39 Paul Jeune
1:47.21 Anders Sandberg
500 yards freestyle
4:39.29 Doug Martin
4:44.06 Pat McCloskey
4:44.89 Paul Jeune
4:46.60 Anders Sandberg
4:47.37 Mark Langdon
1650 yards freestyle
16:01.46 Doug Martin
16:21.83 Mark Langdon
16:29.94 Paul Jeune
16:58.76 Dave Heinbuch
17:32.39 Anne Marie McCaffrey
100 yards backstroke
52.24 John Van Buren
55.27 Svante Zetterlund
200 yards backstroke
1:58.14 Anders Sandberg
1:58.95 Svante Zetterlund
2:01.18 Pat McCloskey
100 yards breaststroke
1:00.29 Dave Heinbuch
200 yards breaststroke
2:09.94 Dave Heinbuch
2:13.14 Larry Steele
100 yards butterfly
51.94 Gary MacDonald
53.70 Svante Zetterlund
200 yards butterfly
1:53.49 John VanBuren
1:55.81 Doug Martin
1:57.84 John Trotter
200 yards individual medley
1:54.77 John VanBuren
1:59.68 Larry Steele
1:59.84 John Trotter
400 yards individual medley
4:11.91 Larry Steele
4:17.69 John Trotter
4:24.91 Mark Langdon
400 yards medley relay 3:32.13
53.3 John Van Buren
59.7 Dave Heinbuch
52.7 Gary MacDonald
46.4 Svante Zetterlund
400 yards freestyle relay 3:09.24
47.0 Gary MacDonald
47.2 John Trotter
48.7 Pat McCloskey
46.3 John VanBuren
800 yards freestyle relay 6:55.09
1:45.2 Pat McCloskey
1:44.5 Paul Jeune
1:43.3 Gary MacDonald
1:42.1 John VanBuren

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Le bureau central de la Federation de Natation du Quebec est sis au 1415 Jarry est, Montreal H2E 2Z7, tel: 374-4700.

NATATION QUEBEC

CHAMPIONNATS PROVINCIAUX SENIORS – UNIVERSITE LAVAL
28 février, 1er et 2 mars

Dix-neuf (19) équipes, dont quatorze (14) du Québec, participèrent aux Championnats Provinciaux Seniors de natation qui eurent lieu à la magnifique piscine de l'Université Laval, les 28 février 1er et 2 mars 75. En plus de couronner les champions provinciaux, cette rencontre nous a permis d'évaluer le potentiel des nageurs du Québec en vue des Essais pour les Jeux Aquatiques Mondiaux qui auront lieu à Winnipeg, les 16,17, 18 et 19 mai 75.

Le fait sillant de cette rencontre fut certainement la double victoire de Sylvie Deschamps des Select de Québec au dèpend de Marian Stuart, championne canadienne aux 100 et 200 mètres brasse. Sylvie réalisa la plus rapide performance de l'année 1974-75 au 100 mètres brasse avec un temps de 1:16.84. Wendy Quirk, s'est aussi distinguée en remportant des victoires aux 200, 400 et 800 mètres libre, aux 100 et 200 mètres papillon. Lyne Chenard des Select a remporté la victoire aux 100 et 200 mètres dos. Chez les garçons, la palme est allée à Jeff Naylor de Pointe-Claire avec des victoires aux 100 et 200 mètres brasse aux 200 et 400 mètres quatre nages. Plusieurs autres nageurs de Pointe-Claire ont aussi remporté des doubles victoires. Ian Fraser aux 100 et 200 mètres papillon; Victor Ivry aux 100 et 200 mètres dos; Paul Midgeley aux 1500 et 400 mètres libre.

Parmi les agréables surprises, on se doit de mentionner Jill Quirk de Pointe-Claire avec des victoires au 100 mètres libre, 59.54 et au 50 mètres libre, 27.57; Mike Blondal, 56.01 qui a défait l'excellent sprinter Bob Luxemberg au 100 mètres libre; Danielle Francis de Cowansville avec deux troisième place au 100 mètres brasse, 1:19.92 et au 200 mètres brasse, 2:51.37; aussi l'équipe de relais (Ladouceur, Quirk, Stuart et Quirk) des filles de Pointe-Claire qui a réalisé une marque canadienne au 200 mètres relais quatre nages et enfin, l'équipe de filles (Deschamps, Chenard, Gagnon, Johnson) des Select qui a remporté la victoire au dépend de l'équipe de Pointe-Claire.

Nos jeunes nageurs groupe d'âge ont aussi réussi à s'imposer lors de ces Championnats. La minuscule et jolie Robin Corsiglia, 12 ans, de Pointe-Claire, a réussi un respectable 1:20.15 au 100 mètres brasse. Greg Wurzbach de Pointe-Claire, 14 ans, records canadiens aux 100 et 200 mètres brasse catégorie 13-14 ans. Les records provinciaux furent établis par Danny Monfette aux 100 et 200 mètres papillon; Anne Pelletier des Select au 100 mèters papillon; Lucie Danis de Pointe-Claire au 100 mètres dos; Denise Guérin des Select au 400 mèters mélangé; Jill Quirk de Pointe-Claire au 50 mètres libre, ainsi que Heidi Borner de Pointe-Claire au 50 mètres libre.

La rencontre s'est avérée très intéressante et très fructueuse au niveau performance. Les résultats nous ont encore démontré le standard élevéde la natation au Québec. Le progrès réalisé avec l'an dernier est fantastique. Nous voudrions remercier Richard Strzelec et Jean Morneau de l'équipe des Select de Québec qui ont accompli un travail formidable dans l'organisation de cette rencontre. Félicitations aux entraîneurs et aux nageurs qui ont réussi de bonnes performances.

Championnats Senior
Universite Laval, 50 m, fev 28-mars 2

Filles
50 m libre
27.52 Jill Quirk, Pte-Claire
28.02 Sylvie Deschamps,Select
28.57 Anne Jardin, Pte-Claire
100 m libre
59.54 Jill Quirk, Pte-Claire
1:00.47 Anne Jardin, Pte-Claire
1:01.43 Sylvie Deschamps,Select
200 m libre
2:07.55 Wendy Quirk, Pte-Claire
2:13.13 Jill Quirk, Pte-Claire
2:13.79 Lyne Chenard, Select
400 m libre
4:27.16 Wendy Quirk, Pte-Claire
4:36.27 Anne Jardin,15,Pte-Claire
4:37.83 Danielle Balla,16,Pte-Claire
800 m libre
9:21.23 Wendy Quirk,15,Pte-Claire
9:36.02 Beth Tanton,16,Mississauga
9:36.09 Sandra Piasecki,12,Oakville
100 m dos
1:09.26 Lyne Chenard,18,Select
1:09.59 Laura Kirkpatrick,14,PCSC
1:11.14 Elaine Luxemberg,15,PCSC
200 m dos
2:28.24 Lyne Chenard,18,Select
2:33.13 Sandy Wells,15,Pte-Claire
2:34.13 Janie Flynn,15,Halifax
100 m brasse
1:16.84 Sylvie Deschamps,18,Select
1:17.17 Marian Stuart,20,Pte-Claire
1:19.92 Danielle Francis,14,Cowans.
200 m brasse
2:45.02 Sylvie Deschamps,18,Select
2:46.63 Marian Stuart,20,Pte-Claire
2:51.37 Danielle Francis,14,Cowans.
100 m papillon
1:05.22 Wendy Quirk,15,Pte-Claire
1:08.68 Gillian Main,14,No York AC
1:08.88 Johanne Danis,15,Pte-Claire

Jill Quirk,Pte-Claire

200 m papillon
2:23.75 Wendy Quirk,15,Pte-Claire
2:28.37 France Latendresse,15,PCSC
2:29.25 Beth Tanton,16,Mississauga
200 m quatre nages
2:29.66 Sylvie Deschamps,18,Select
2:31.47 Mimi Dancy,17,Mississauga
2:31.63 Anne Jardin,15,Pte-Claire
400 m quatre nages
5:18.81 Mimi Dancy,17,Mississauga
5:22.57 Louise Sauve,14,Ste-Laurent
5:24.90 Janie Flynn,15,Halifax
200 m relais quatre nages
2:07.61 Pointe Claire A
2:09.24 Quebec Select
2:10.01 Pointe Claire B
400 m relais quatre nages
4:34.19 Pointe Claire A
4:43.66 Quebec Select
4:43.75 Pointe Claire B
200 m relais libre
1:54.57 Quebec Select
1:54.59 Pointe Claire A
1:59.56 Pointe Claire B
400 m relais libre
4:15.11 Pointe Claire
4:18.97 Quebec Select A
4:24.74 Quebec Select B
800 m relais libre
9:13.91 Pointe Claire A
9:20.30 Quebec Select
9:23.62 Pointe Claire B
Classement par Equipes
Pointe Claire *1583*
Select de Quebec *767*
Mississauga AC *322*

Garcons
50 m libre
25.38 Bob Luxemberg,18,Pte-Claire
25.71 Mike Blondal,17,Pte-Claire
26.41 Bruno Bissonnette,17,Riki
100 m libre
56.01 Mike Blondal,17,Pte-Claire
56.02 Bob Luxember,18,Pte-Claire
58.04 Lester Jackson,17,Pte-Claire
200 m libre
2:02.05 Mike Blondal,17,Pte-Claire
2:02.85 Paul Midgeley,17,Pte-Claire
2:05.25 George Carpuzis,16,PCSC
400 m libre
4:17.98 Paul Midgeley,17,Pte-Claire
4:19.85 George Carpouzis,16,PCSC
4:25.31 Mike Blondal,17,Pte-Claire
1500 m libre
17:10.22 Paul Midgeley,17,Pte-Claire
17:16.06 George Carpouzis,16,PCSC
17:33.46 Mike Blondal,17,Pte-Claire
100 m dos
1:04.22 Victor Ivry,19,Pte-Claire
1:04.66 Brad Storey,24,CAMO
1:05.42 Guy Renaud,18,Select
200 m dos
2:18.52 Victor Ivry,19,Pte-Claire
2:22.04 Brad Storey,24,CAMO
2:24.94 Guy Renaud,18,Select
100 m breast
1:12.60 Jeff Naylor,16,Pte-Claire
1:13.22 Francois Morneau,15,Select
1:13.73 Greg Wurzbach,14,Pte-Claire
200 m breast
2:36.92 Jeff Naylor,16,Pte-Claire
2:37.95 Francois Morneau,15,Select
2:38.47 Greg Wurzbach,14,Pte-Claire
100 m papillon
1:02.33 Ian Fraser,17,Pte-Claire
1:02.36 Bob Luxemberg,18,PCSC
1:02.83 John Gallant,14,No York AC
200 m papillon
2:18.25 Ian Fraser,17,Pte-Claire
2:18.30 Chris Erickson,15,Mississauga
2:22.71 John Gallant,14,No York AC
200 m quatre nages
2:21.87 Jeff Naylor,16,Pte-Claire
2:22.91 Francois Morneau,15,Select
2:23.66 Raymond Forget,18, CAMO
400 m quatre nages
5:00.01 Jeff Naylor,16,Pte-Claire
5:03.21 Murray White,16,Mississauga
5:03.42 Mark Bourquin,16,No York
200 m relais quatre nages
1:58.62 Pointe Claire
2:01.01 Quebec Select
2:01.61 CA Montreal Olympique
400 m relais quatre nages
4:18.66 Pointe Claire A
4:29.58 Pointe Claire B
4:31.61 Quebec Select
200 m relais libre
1:43.50 Pointe Claire
1:47.28 Select
1:48.32 CA Montreal Olympique
400 m relais libre
3:51.83 Pointe Claire A
3:55.95 Pointe Claire B
4:02.81 Select
800 m relais libre
8:42.08 Pointe Claire A
8:48.70 Pointe Claire B
8:56.76 Halifax TAC
Classement par Equipes
Pointe Claire *1447*
Select du Quebec *1213*
Montreal Olympique *283*

TREIZE (13) EQUIPES DU QUEBEC SUR SOIXANTE-SIX (66) PARTICIPERENT AUX CHAMPIONNATS PROVINCIAUX SENIORS

En coopération avec les entraîneurs et les clubs de la province, la Fédération de Natation du Québec décida l'an dernier de faire de ses Championnats Provinciaux, de vrais "Championnats." Suivant cet ordre d'idées, on a donc établi de nouveaux standards basés sur la seizième place des Championnats de l'année précédente. On espérait donc par ce moyen améliorer la qualité des performances. Les standards "A" basés sur la vingtième place des Championnats de l'an dernier continueraient donc à servir pour les rencontre à caractère provincial. Tous les gens impliqués de loin ou de près à la natation favorisèrent ces changements.

En constatant que treize (13) équipes seulement sur soixante-six (66) ont participé aux Championnats Provinciaux Seniors, on est porté à se poser des questions. Peut-être n'avons-nous pas été conséquents dans nos décisions. En effet, un durcissement des standards signifiait une meilleure programmation de la part des entraîneurs. Est-ce que tous l'ont fait? Est-ce que les entraîneurs réalisent l'importance des Championnats Provinciaux? Est-ce que tout nageur senior de la province n'a pas pour but de participer aux Championnats Provinciaux? Après avoir fait une analyse rapide des résultats des différentes compétitions à travers la province, j'ai constaté qu'environ une quinzaine d'autres clubs de la province auraient pu participer à ces Championnats. Pourquoi ne l'ont-ils pas fait? J'espère que tous les clubs et entraîneurs ont su donner la bonne réponse aux nageurs qui auraient pu participer mais qui ne l'ont pas fait.

Les Championnats Provinciaux doivent être une étape importante sur la feuille de route des nageurs. Ils permettent d'évauler le travail accompli au milieu de la saison. Ils permettent aux nageurs d'évaluer sa position ou sa performance quant aux standards nationaux. Ils permettent aux nageurs de se mesurer aux autres nageurs de la province et des provinces voisines dans un programme complet et dans des conditions idéales.

Les Championnats Provinciaux du Québec sont peut-être les meilleurs au Canada à cause de la qualité des nageurs. Lors de la dernière compétition à Québec, un (1) entraîneur de l'Ontario me disait "je préfére venir aux Championnats du Québec avec mes nageurs car la compétition est meilleure." Nous pouvons nous compter chanceux d'avoir une (1) jeune fille comme Wendy Quirk qui dètient de nombreux records canadiens, qui dernièrement en Nouvelle-Zélande, nageait un 200 mètres papillon en 2:17.07 accomplissant ainsi la quatrième meilleure performance de l'année dans le monde entier, et la septième de tous les temps.

Nous avons aux Québec, les meilleures nageuses de brasse canadienne en Sylvie Deschamps et Marian Stuart. Lyne Chenard et Ginette Ladouceur sont parmi les meilleures nageuses au dos au Canada, et enfin, parmi les bonnes "sprinteuses" nous ne sommes pas à dédaigner avec des athlètes de la trempe de Anne Jardin et Jill Quirk. Chez les garçons, nous avons aussi des athlètes de calibre national avec les Bob Luxemberg, Camil Chevalier, François Morneau, Jeff Naylor, Victor Ivry, Paul Midgeley et George Carpouzis etc . . . Il est donc primordial que tous les athlètes du Québec profitent des Championnats Provinciaux pour se mesurer à ces champions. Quelle belle opportunité pour un (1) entraîneur de voir en action les athlètes de calibre national et international, de discuter avec des entraîneurs du calibre des Johnsons de Pointe-Claire, DeKoninck de Québec, Kinkead de St-Laurent, Fournier de Cowansville, Arseneault du CAMO. Très souvent, on est porté à demander de l'aide pour assister à des cliniques à l'extérieur de la province alors que nous avons ce dont nous avons besoin chez nous. Je crois que beaucoup d'entraîneurs et de parents sont trop orientés vers la catégorie groupe d'âge.C'est certainement plus facile. Les entraîneurs se doivent de former des assistants qui verront au programme groupe d'âge, alors qu'eux s'occuperont de trouver les heures nécessaires pour l'entraînement des seniors. Plus on va attendre pour participer aux Championnats, plus ce sera difficile. Ainsi le standard du 400 mètres chez les filles qui était de 5:27.6 en 50 mètres l'an dernier, sera de 4:55.7 l'an prochain; chez les garçons on passe de 4:57.9 à 4:36.21. Prenons comme exemple le 200 mètres papillon chez les filles qui passe de 3:02.8 à 2:46.93 soit un écart de près de 26 secondes.

Je voudrais terminer en répétant ce que je mentinnais un plus haut dans cet article. Les clubs, les parents, les entraîneurs doivent aussi orienter la philosophie de leur club vers la côte senior. Tous les clubs de la province ont de huit (8) à dix (10) heures d'entraînement par semaine le soir. S'il faut de dix (10) à quinze (15) heures par semaine pour développer des nageurs seniors, pourquoi ne pas trouver cinq (5) à six (6) autres heures. Je suis certain que la plupart des clubs n'auraient pas de difficulté à trouver ces heures le matin

On doit motiver les jeunes nageurs en leur montrant les attraits de la catégorie senior. Dans plusieur clubs, c'est le contraire qui se produit. Le nageur senior est privé à cause du petit nombre de participants et du peu d'intérêt des parents et des implications financières. Je crois que quelles que soient les conditions, il est possible de développer des nageurs senior. Laissez-moi terminer en donnant cet example: On parle souvent de la grosse organisation de Pointe-Claire, de ses moyens et de son argent qui semblent pour plusieurs une (1) des raisons de leur succès. J'aimerais vous dire que celui qui est à la tête de cette organisation, George Gate, a dèjà été entraîneur dans une (1) petite municipalité appelée Ocean-Fallsm de 1950 à 1964, ville perdue dans les forêts de la Colombie Britannique. Avec une (1) équipe de vingt (20) nageurs venant d'une population de trois mille (3,000) habitants, il a développé des nageurs de la trempe de Ralph Hutton, Sandy Gilchrist et, pour ceux dont ces noms ne signifient rien, disons que Hutton a établi un (1) record mondial au 400 mètres libre et que ce temps de 4:06.5, malgré tout le progrès des nageur canadiens, existe encore comme record canadien senior.

Edgar Théorêt
Directeur technique

NOUVELLES DE LA FEDERATION

L'équipe de natation de Montréal-Nord a eu la main heureuse dernièrement en mettant la main sur Jean-Paul Arbour comme entraî. . . La rencontre de l'Equipe du Québec contre l'Equipe d'étoiles de la Nouvelle-Angleterre aura lieu à Cowansville le 20 avril . . . Félicitations à Peter Sartorelli et Maurice Forget qui ont été choisis comme officiel pour les Jeux Mondiaux qui auront lieu à Cali au mois de juillet . . . Le 21 mars dernier avait lieu à Pointe-Claire, une (1) rencontre de maître-nageur. Les catégories étaient 25-29, 30-34, 35-39, 40-44 et 45-50. Les résultats seront publiés dans la prochaine édition et peut-être dans le Swimming World . . . Félicitations à monsieur Yvon Lamy, de l'équipe Bas-Richelieu, qui après avoir fait ses preuves comme directeur de la Fédération et maître-officiel, connaît beaucoup de succès comme entraîneur de l'équipe de sa région . . .

Félicitations à monsieur Jean Rivard de Québec qui recevait son écusson de maître-officiel lors des Championnats Provinciaux Seniors . . . Les élections de l'Association des entraîneurs auront lieu lors des Championnats Groupes d'Age . . . Les participants aux Jeux du Québec l'an prochain devront être de standard "B" . . . Le comité de sélection en vue des élections de la Fédération qui auront lieu au mois de juin est composé de Louis Plante (Boucherville), Georges Hame (Cowansville) et Paul Auclair (Laval). Si vous avez des suggestions, vous devez contacter ces personnes . . . La Fédération a décidé de défrayer le transport de tous les nageurs ayant réussis les standards pour les Championnats Canadiens qui auront lieu à Winnipeg au mois de mai. Un montant de $60.00 leur sera alloué pour leurs dépenses . . . Félicitations à monsieur Roland Michaud, de la région de l'Outaouais, pour le magnifique travail qu'il accomplit. La région compte maintenant trois (3) équipes . . . Le président fait tellement d'efforts pour s'adresser

en français à tous les membres de la Fédération, qu'il a maintenant un accent français lorsqu'il parle en anglais . . . Félicitations à Sylvie Deschamps des Select qui accompagna l'Equipe Canadienne en Angleterre à la fin de mars . La natation aux Jeux du Québec, aura officiellement lieu à la piscine intérieure du Cegep de Trois-Rivières . . . Récemment tous les maîtres-officiels de l'Est du Canada tenaient une (1) réunion à Montréal pour discuter des différents degrés. Dix-sept (17) officiels du Québec participaient à cette réunion . . . Félicitations à monsieur Edouard Tremblay qui était nommé président du comité des Jeux du Québec . . .

Encore une fois si vous avez des suggestions, nevous gênez pas . . . Très peu d'entraîneurs se donnent la peine d'envoyer les meilleurs temps de leurs nageurs, soit au provincial ou au national . . . Les prochaines compétitions importantes seront: les Championnats Groupes d'Age à Québec, les 11,12 et 13 avril, la rencontre de l'Equipe du Québec à Cowansville le 20 avril, les Championnats de l'Est du Canada à Brantford, les 25,26 et 27 avril et, enfin, les Essais pour les Jeux Mondiaux et aussi les Championnats Canadiens à Winnipeg du 16 au 19 mai . . . Félicitations à Robin Corsiglia (Pointe-Claire), Danielle Francis (Cowansville), François Morneau (Select de Québec) qui ont joint les rangs des athlètes de Mission '76 par keur étincelante performance dernièrement. . . Les athlètes du programme Mission '76 participeront à la rencontre du club Cardinal à Winnipeg, les 4, 5 et 6 avril. . . Les clubs ont maintenant jusqu'à la fin de mai pour faire le Nage-O-Thon . . . Avant de terminer, nous tenons à vous informer que Francine Guilbault, dactylo, s'est jointe à notre équipe . . . Nous espérons que cette colonne apparaîtra dans toutes les revues SWIM . . . Si vous avez des choses intéressantes à nous communiquer, nous nous ferons un plaisir de les faires paraître . . . Envoyez vos nouvelles au bureau de la Fédération qui est maintenant situé au 1415 est, rue Jarry.

Edgar Théorêt
Directeur technique

12th ANNUAL

Atlantic Open

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RECORD ROUND-UP

MEN'S SENIOR CANADIAN

Short Course

50 y free	21.05	Gary MacDonald,SF
100 m free	52.40	Steve Pickell, CDSC
1650 y free	16:01.46	Doug Martin, SF
200 m breast	2:26.80	Graham Smith,Edm O
200 y ind.med.	1:54.77	John Van Buren,SF
400 m ind.med.	4:40.20	Steve Pickell,CDSC
400 y free rel.	3:09.24	Simon Fraser Univ.
800 y free rel.	6:55.09	Simon Fraser Univ.

Long Course

200 m ind.med.	2:11.33	Steve Pickell, CDSC

National Age Group — BOYS

10 & under (Short Course)

400 y free	4:40.9	Steven Thomas, HamAC
200 m back	2:52.2	Iain McIver, Van HCC
200 m ind.med.	2:48.4	Richard Peters,Winn SJS

(Long Course)

200 m back	2:50.2	Alex Bauman, Sud LUSC

11-12 (Short Course)

400 m free	4:35.7	Robbie Bayliss, CDSC
800 y free	9:01.5	Peter Dobson, Hyack SC
800 m free	9:39.1	Russell Dale, CDSC
1500 m free	15:12.2	Russell Dale, CDSC
200 y back	2:20.2	Robbie Wallenius,NOAC
200 y fly	2:23.5	Robbie Wallenius,NOAC
200 m fly	2:32.1	Andre Theoret,Dorval
	2:27.8	Robert Hamel,Cownsv'e
400 y ind.med	4:58.4	Colin Kinnear, EMAC

13-14 (Short Course)

400 y free	3:57.5	Elliott McVeigh,Scarb SC
100 m fly	1:02.6	Dan Monfette,Que Select
200 m fly	2:16.3	John Gallant,NYAC

(Long Course)

100 m fly	1:02.8	John Gallant,NYAC

15-17 (Short Course)

100 m free	52.4	Steve Pickell, CDSC
200 m free	1:56.9	Steve Pickell, CDSC
200 m breast	2:26.8	Graham Smith,Edm O
100 m fly	57.7	Steve Pickell, CDSC
400 m ind.med.	4:40.2	Steve Pickell, CDSC
200 y med.rel	1:49.9	Saskatoon KG
200 m med;rel.	1:57.3	Hyack SC
200 y free rel.	1:35.7	Saskatoon KG

(Long Course)

200 m free	1:58.5	Michael Ker, CDSC
400 m free	4:11.5	Michael Ker, CDSC
1500 m free	16:22.2	Michael Ker, CDSC
100 m fly	58.0	Steve Pickell, CDSC
200 m ind.med.	2:11.3	Steve Pickell, CDSC
400 m med.rel.	4:16.2	Hyack SC

Kornelia Ender, DDR *Photo by Tony Duffy*

WORLD

100 m free	**56.38**	**Kornelia Ender,DDR**
200 m free	**2:02.27**	**Kornelia Ender,DDR**

WOMEN'S SENIOR CANADIAN

Short Course

200 m free	2:03.50	Wendy Quirk, PCSC
400 m free	4:17.00	Wendy Quirk, PCSC
800 m free	8:54.94	Wendy Quirk, PCSC
100 m fly	1:04.50	Wendy Quirk,PCSC
200 m fly	2:20.18	Wendy Quirk, PCSC
200 m ind.med.	2:24.90	Becky Smith, Edm O
400 m ind.med.	5:03.30	Wendy Quirk, PCSC

Long Course

100 m fly	1:03.88	Barbara Clark,Stettler
200 m ind.med.	2:23.18	Becky Smith, Edm O
400 m ind.med.	5:00.55	Becky Smith, Edm O

National Age Group — GIRLS

10 & under (Short Course)

100 y free	1:01.4	Tatjana Osswald,VPSC
200 y free	2:10.7	Tatjana Osswald,VPSC
200 m free	2:25.0	Tatjana Osswald,VPSC
400 y free	4:39.6	Sheila DeZeeuw,HAC
50 m back	35.2	Tatjana Osswald,VPSC
100 y back	1:10.4	Tatjana Osswald,VPSC
100 m back	1:14.8	Tatjana Osswald,VPSC
200 y breast	2:46.0	Sheila DeZeeuw,HAC
200 m breast	3:05.8	Marie Karner,Moose Jaw
50 y fly	30.3	Tatjana Osswald,VPSC
100 y fly	1:04.9	Tatjana Osswald,VPSC
100 m fly	1:12.1	Tatjana Osswald, VPSC
200 y ind.med,	2:26.4	Tatjana Osswald,VPSC
200 m ind.med.	2:42.3	Tatjana Osswald,VPSC

(Long Course)

100 m back	1:17.8	Tatjana Osswald,VPSC
200 m breast	3:18.5	Susan Alexander,TBT
100 m fly	1:13.0	Tatjana Osswald,VPSC

11-12 (Short Course)

200 y free	2:02.4	Sandra Piasecki,OAK
400 y free	4:18.4	Sandra Piasecki,OAK
500 y free	5:25.2	Sandra Piasecki,OAK
800 y free	8:43.7	Sandra Piasecki,OAK
800 m free	9:33.5	Sandra Piasecki,OAK
1650 y free	18:08.9	Sandra Piasecki,OAK
100 m breast	1:17.9	Lisa Borsholt, CDSC
200 m breast	2:42.9	Lisa Borsholt, CDSC
200 m med.rel.	2:15.5	Vancouver CDSC
400 y free rel	4:01.0	Hyack SC

(Long Course)

100 m breast	1:18.5	Lisa Borsholt,CDSC
200 m breast	2:48.6	Lisa Borsholt,CDSC
400 m free rel.	4:27.3	Vancouver CDSC

13-14 (Short Course)

400 m med.rel	4:42.4	Pointe Claire SC
400 y free rel.	3:51.4	Hyack SC

(Long Course)

1500 m free	17:42.4	Lisa Matheson,OAK
100 m back	1:06.3	Nancy Garapick, HTAC
200 m back	2:21.6	Nancy Garapick, HTAC

15-17 (Short Course)

50 y free	25.9	Chris Munro, Sask KG
200 m free	2:03.5	Wendy Quirk,PCSC
400 m free	4:17.0	Wendy Quirk,PCSC
800 m free	8:54.9	Wendy Quirk,PCSC
100 m fly	1:05.5	Barbara Clark,Stettler
	1:04.5	Wendy Quirk,PCSC
200 m fly	2:23.4	Cheryl Gibson,Edm O
	2:20.1	Wendy Quirk,PCSC
200 m ind.med.	2:24.9	Becky Smith,Edm O
400 m ind.med.	5:03.3	Wendy Quirk,PCSC
400 m med.rel.	4:46.1	Edmonton JPSC

(Long Course)

100 m fly	1:03.8	Barbara Clark,Stettler
200 m ind.med.	2:23.1	Becky Smith,Edm O
400 m ind.med.	5:00.5	Becky Smith,Edm O

SWIMMING CANADA

NATIONAL

From the Executive Director, Julian Carroll, come word that Sport Canada has approved travel support to the Winter Nationals in May for 80 swimmers instead of the requested 125.

This will likely mean a toughening of the criteria for support, which was equalling 10th place time from the 1974 Summer Nationals, times to be done after Jan.1 with conversions allowed.

Many of the Sections are planning to extend considerable financial help to their qualified swimmers.

The entry criteria without Natl. support is 20th place from the 74 meet.

TEAM SELECTED FOR MEET IN BRITAIN

The following swimmers have been chosen to attend the Coca-Cola meet, March 29-31, 1975.

WOMEN

Barbara Clark,15, Stettler CSC
Becky Smith,15, Edmonton Olym
Cheryl Gibson,15,Edm. Olym
Sylvie Deschamps,18,Select
Liz McKinnon,15,Thunder Bay

MEN

Graham Smith,16,Edm.Olym
Jim Adams,23,Etobicoke AC
Gary MacDonald,20,Van CDSC
Bruce Rogers,17,Etobicoke AC
Darryl Skilling,14,Thunder Bay

Coach/Manager:

Tom Arusoo, Oakville AC

The team will depart March 25, returning April 1.

NOVA SCOTIA

Several provincial age group marks were bettered in a Gold and Silver development meet staged at Halifax's Centennial pool.

Nancy Garapick 200 m im:2:29.0 Steve Sproule, 400 m free, 4:35.1 and 200 m im, 2:30.4. Both in the 13-14 age class.

Janie Flynn, bettered marks in the 15-17 age group with a 400 m free, 4:56.7; 100 m fly, 1:10.1 and 200 m im, 2:37.9.

The O'Keefe Sport Foundation recently gave a grant valued at $8,400 to the Nova Scotia Section, to promote senior swimming in the province. This consists of selecting the top 20 swimmers in the area and giving them an intensive physiological and psychological testing. Those who at the end of a two month period show the most improvement have the most potential for the future.

A new Master of Science program will commence at Dalhousie University this fall. The program will make it possible to obtain a specialized degree in swimming. The attainement of this degree will yield a level 4 general coaching accreditaion from the Coaching Association of Canada,

To qualify for the program, students will have to meet the normal entrance requirements of the University. For information on admission and financial assistance interested persons should write:

Dr.A.J.Young, Jr.
Coordinator of Graduate Studies
School of Physical Education
Dalhousie University
Halifax, Nova Scotia.

QUEBEC

The Quebec City Carnival on Feb.8-9, 1975 at Laval University's 25 m pool produced some very good results as follows:

10 & under boys: Louis Plante, CNB, 100 m free, 1:12.6; 200 free, 2:38.4; 200 back, 2:58.7; 100 im, 1:24.4; 200 im, 3:04.8.

11-12 boys: Andre Theoret, Dorval, 50 free, 29.3; 100 free, 1:02.4; 200 free, 2:14.3; 200 fly, 2:32.7; 200 im, 2:38.2.

13-14 boys: Peter Szmidt,Pte-Claire, 100 free, 59.2; 200 free, 2:09.9; 400 free, 4:27.5. Greg Wurzbach, Pte-Claire, 100 breast 1:12.7; 200 breast, 2:38.5. Dan Monfette, Select, 100 fly, 1:02.6; 200 fly, 2:23.7.

Senior Men: Allan Davis,Ste-Laurent, 200 free, 2:00.8; 400 free, 4:12.2. Brad Storey,CAMO, 100 back,1:02.8; 200 back, 2:19.6. Lester Jackson, Pte-Claire, 100 fly, 1:02.5; 200 im, 2:19.6; 400 im, 4:58.3.

10 & under girls: Nathalie Deschamps, Select, 50 free, 33.2; 200 back,2:54.6 100 fly, 1:19.3; 100 im, 1:20.5; 200 im, 2:53.5.

11-12 girls: Denise Guerin,Select, 50 free, 29.9; 100 back, 1:13.3; 200 back, 2:38.0; 100 im, 1:13.0; 200 im, 2:39.4. Robin Corsiglia, Pte-Claire, 100 breast, 1:21.8; 200 breast. 2:53.8.

13-14 girls: Heidi Borner, Pte-Claire, 100 free, 1:01.1; 200 free, 2:13.7; 400 free, 4:33.9. Carole Latendresse, Pte-Claire, 100 fly, 1:07.9; 200 fly, 2:30.0; 200 im, 2:32.8; 400 im 5:21.3

Senior Women: Jill Quirk,Pte-Claire, 50 free, 27.2; 100 free, 58.3. Wendy Quirk, Pte-Claire, 200 free, 2:03.5; 400 free, 4:17.0; 800 free, 8:54.9; 100 fly, 1:04.5; 200 fly, 2:20.1; 400 im, 5:03.0. Sylvie Deschamps,Select, 100 breast, 1:15.7; 200 breast, 2:41.6 200 im, 2:28.5. Ginette Ladouceur, Pte-Claire, 100 back, 1:07.9; 200 back, 2:23.0.

ONTARIO

The annual London invitational held in Tillsonburg Jan 25-26, 25m had the following highlights:

10 & under boys: John Dawdy,LonY 100 free, 1:12.4; 100 breast, 1:34.5; 200 breast, 3:20.3.

11-12 boys: Peter Ward,NYAC, 400 free, 5:00.6; 100 back, 1:15.4; 100 fly, 1:12.3; 200 fly, 2:37.0; 200 im, 2:43.9.

13-14 boys: Craig Samuel, NYAC, 100 free, 59.5; 200 free, 2:07.8; 100 back, 1;09.3; 200 back, 2:25.4; 200 im, 2:23.7; 400 im, 5:06.3.

Senior Men: Geoff Brown, Miss AC, 100 free, 55.3; 200 free, 2:02.0; 100 back, 1:05.0; 200 back, 2:15.6; 200 fly, 2:14.7; 200 im, 2:16.7; Ron Campbell, K-W, 100 breast, 1:10.6; 200 breast, 2:34.9; Scott Storey,Brantfd.AC, 100 fly,1:00.7.

10 & under girls: Trish Treleaven, LonY, 100 breast, 1:35.2; 200 br 3:29.7; 100 fly, 1:30.7; 200 im, 3:04.4. Anne Bevan,Chin.AC, 100 back, 1:24.1; 200 back, 2:58.2. Tracy Klinck,K-W, 100 free, 1:12.8; 200 free, 2:33.6.

11-12 girls: Julie Yuska, K-W, 100 free, 1:05.6; 200 free, 2:19.4; 400 free, 4:45.6; Judy Ward, NYAC, 100 back, 1:15.8; 100 breast, 1:24.4; 200 breast, 3:00.7; 100 fly, 1:13.8; 200 im, 2:39.2.

13-14 girls: Paula Parris, LonY, 100 free, 1:03.4; 200 free, 2:17.2;Debbie Bath,LonY, 100 back, 1:14.7; 200 back, 2:37.0; 200 fly, 2:34.3; 200 im, 2:36.4.

Senior Women: Beth Tanton, Miss AC 100 free, 1:02.0; 200 free, 2:12.8; 100 back, 1:14.8; 200 back, 2:34.2 100 fly, 1:10.8; 200 fly, 2:30.9; 200 im, 2:34.6.

The 1976 Olympic Trials have been awarded to Etobicoke's Aquatic Centre, now under construction. The meet will be held June 2-5, 1976. The complex is expected to be completed in October of 1975 and will include an 8-lane 25 yards wide 50 metre pool, with a separate 6 lane 25 metre warm-up pool.

The Alderwood Swim Clubs's Valentine Invitational AG meet on Feb.14-16, was held in two pools, (25 yards) in order to accomodate the over 500 or so swimmers in the meet;

10 & under boys: Steven Thomas, Ham AC, 100 free, 1:04.5; 200 free 2:17.5; 400 free, 4:40.9; 100 back, 1:15.4; 200 back, 2:37.5; 100 breast, 1:23.3; 200 breast, 2:57.2; 200 im, 2:38.0.

11-12 boys: Rob Wallenius,NOAC, 100 free, 57.3; 100 back, 1:05.3; 200 back, 2:20.2; 100 fly, 1:04.5; 200 fly, 2:23.5. Collin Kinnear, EMAC, 200 free, 2:02.7; 1650 free, 18:36.6; 200 im, 2:22.4; 400 im, 4:58.4. Steven Pastirik,Welland Y, 100 breast, 1:12.4; 200 breast, 2:37.4.

13-14 boys: Elliot McVeigh,Scarb SC 100 free, 52.7; 200 free, 1:55.0; 100 fly, 59.1; Craig Kinnear,EMAC, 1650 free, 17:25.6; 200 fly, 2:05.1; 400 im, 4:38.5. Dave Meredith, Swimtec, 100 breast, 1:09.0. 200 breast, 2:27.7.

10 & under girls: Sheila Dezeeuw, Ham AC, 400 free, 4:39.6; 100 breast, 1:18.3; 200 breast, 2:46.0; 200 im, 2:37.2. 100 free, 1:05.0 Karen Feiertag,EMAC, 100 back, 1:16.5; 200 back, 2:41.2; 100 im, 1:15.3.

11-12 girls : Sandra Piasecki,OAK, 200 tree, 2:02.4; 1650 free, 18:08.9 Judy Ward,NYAC, 100 breast,1:13.7; 200 breast, 2:39.4; 200 im, 2:24.9; Julie Yuska,K-W, 100 free, 58.9; 100 fly, 1:08.0.

13-14 girls: Debbie Sojnocki,HamAC 100 free, 55.4; 200 free, 2:00.1; 1650 free, 17:51.2; 200 back, 2:19.4; 100 fly, 1:01.9; 200 fly, 2:15.2; 200 im, 2:17.8; 400 im, 4:44.8.

The annual Ontario High School Championships were held in Windsor, March 1 (25m) most of the club swimmers took part, and won top honours:

50 free; Gabor Mezo,26,1 NYAC
100 free: Paul Thompson,K-W, 55.4
200 free: Mac Teskey,EMAC,1:59.5
400 free: Mac Teskey,EMAC,4:13.8
100 back: Chuck Grace,LonY, 1:05.2
100 breast,Tim Dennis,Swimtec,1:10.7
100 fly, Lorne Zueffle,WAC, 1:01.1
200 im: Rick Madge,EMAC, 2:17.7

MANITOBA

The annual Manitoba Open, was on March 7-9 and it proved to be one of top winter meets in the prairies. The meet was held in the Pan Am pool (25 m),highlights:

10 & under boys: Richard Peters, Winn SJS, 100 free, 1:08.5; 200 free, 2:25.0; 100 back, 1:18.0; 100 breast, 1:27.8; 200 im, 2:47.7

11-12 boys: Darcy Vaughan,Cal Cascade, 100 free, 1:04.5; 100 fly, 1:11.2; 200 im, 2:34.4. Jim Donohue, TBT, 400 free, 4:43.2; 100 back, 1:13.2.

13-14 boys: Daryl Skilling,TBT, 100 free, 58.5; 200 free, 2:04.7; 400 free, 4:20.5; 100 back, 1:07.0; 200 im, 2:23.5. Steven Stothers, Man Marlins, 100 fly, 1:05.5; Vic Jensen, Moose Jaw, 100 breast, 1:15.1.

15-17 boys: Bill Sawchuk,TBT, 100 free, 57.1; 100 back, 1:05.4; 100 breast, 1:12.6; 100 fly, 1:02.4.

Senior Men: Stephen Badger,CSC 100 free, 53.9; 200 free, 1:54.7; 400 free, 4:00.6; 100 fly, 59.9; 200 fly, 2:12.0. Jim Carter, TBT 1500 free, 16:03.9; 100 back, 1:00.5; 200 back, 2:16.8; 100 breast, 1:10.5; 400 im, 4:36.7.

10 & under girls. Julie Derby,Moose Jaw, 100 free, 1:09.7; 200 free, 2:26.5; Monique Vandonselaar, Edm SSSC, 100 back, 1:19.6; 100 fly, 1:18.4; 200 im, 2:49.6.

11-12 girls: Isabel Tempesta, TBT, 100 free, 1:04.6; 400 free, 4:47.4; 100 fly, 1:15.0; 200 im, 2:38.3.

13-14 girls: Joanne Baker, TBT, 100 free, 1:00.8; 200 free, 2:07.0; 400 free, 4:25.7; 100 back, 1:10.1; 100 breast, 1:18.4; 100 fly, 1:07.5; 200 im, 2:27.8.

15-17 girls: Rosanne Naroski,TBT 100 free, 59;9.

Senior Women: Liz McKinnon,TBT 200 free, 2:07.5; 400 free, 4:22.6; 800 free, 8:55.1; 200 fly, 2:22.3; 400 im, 5:02.7. Karen Wiznuk,TBT 100 breast, 1:17.8; 200 im, 2:28.0.

SASKATCHEWAN

The Saskatchewan Section of the CASA has recently appointed Betty Lou Dean to the position of Executive Technical Director at the following address:

Betty Lou Dean
Sask.Sport Office
1915 South Railway
Regina, Saskatchewan,S4P 0B1
Tel: 522-3651

Betty will administer and coordinate programs, clinics, meets and business of the CASA Sask Section and RLSS Sask Branch. Please arrange to forward copies of all correspondence or information bulletins to the above address.

The Saskatoon Kinsmen Goldfin Invitational, Feb 22-23 (25m) had following highlights:
10 & under boys: Brian Epp, ROD, 100 free, 1:11.2; 200 free, 2:31.7; 100 fly, 1:17.6; 200 im, 2:56.4.
11-12 boys: David Honour,ROD, 100 free, 1:06.3; 200 free, 2:22.7; 100 fly, 1:18.7; 200 im, 2:47.3.
13-14 boys: Dan Dziadyk,SKG, 100 free, 1:00.7; 200 breast,2:52.4; David Dawson, SKG, 100 back, 1:08.4; 200 back, 2:27.4.
Senior Men: Jim Graham, SKG, 100 free, 57.3; 200 free, 2:02.9. Jim Shockey,SKG, 100 back, 1:07.5; 200 back, 2:21.2; 100 breast 1:13.9; 200 breast, 2:39.0; 100 fly, 1:02.2; 400 im, 5:03.0.
10 & under girls: Marie Karner,MJ, 100 breast, 1:29.7; 100 back,1:25.7 200 im, 2:55.3. Julie Derby, MJ, 100 free, 1:13.4; 200 free, 2:32.5.
11-12 girls: Brenda Barnes, ROD, 200 free, 2:22.3; 100 back,1:15.2; 200 back, 2:40.4; 100 fly, 1:17.4.
13-14 girls: Wendy Lee, ROD, 100 free, 1:02.1; 200 free, 2:15.0; 200 im, 2:38.9. Trudy Munro,SKG, 200 back, 2:38.0; 100 fly, 1:11.4.
Senior Women: Chris Munro,SKG, 100 free, 1:01.6; 200 free, 2:16.2; 400 free, 4:36.8; 100 back,1:12.9; 200 back, 2:37.5; 400 im, 5:33.5. Debbie Barker, ROD, 100 breast, 1:22.1; 200 breast, 2:53.8.

ALBERTA

The 1975 Alberta Winter AG Provincial meet was held Feb.14-16 (25m)
10 & under boys: Darryl Banman, FSC, 100 free, 1:13.3; 200 free, 2:36.1; 100 back, 1:21.2; 50 fly, 36.8; 200 im, 2:52.3.
11-12 boys: Darcy Vaughan,CSC, 100 free, 1:06.8; 200 free, 2:23.0; 400 free, 4:54.2; 100 fly, 1:11.9; 200 im, 2:38.0. Jeff Riddle, JPSC, 100 back, 1:15.2; 200 back, 2:38.7.
13-14 boys: Robert Nielson,Stettler 100 free, 59.3; 200 free, 2:11.5; 400 free, 4:34.1; 1500 free,17:42.7 100 back, 1:08.9; 200 back,2:30.8 Brian Armstead,RFL, 100 fly, 1:04.4; 200 fly, 2:25.1; 200 im, 2:26.7; Brian Fester,SSSC, 100 breast 1:16.6; 200 breast,2:41.9.
15-17 boys: Graham Smith,OSC, 100 free, 55.9; 200 free,2:03.4; 100 breast, 1:09.4; 200 breast 2:26.8; 200 im, 2:17.3. Craig Marney,CSC, 400 free, 4:21.1; 1500 free, 17:13.6. Mike Scarth, JPSC, 100 back, 1:04.9; 200 back 2:19.1. Doug Cathro,JPSC, 100 fly, 1:02.6; 200 fly, 2:19.4.
10 & under girls: Monique Vandonselaar,SSSC, 100 free, 1:13.8; 200 free, 2:33.5; 100 back, 1:20.5; Joanne Johnson, JPSC, 100 fly, 1:20.0; 200 im, 3:04.5.
11-12 girls: Karen Hamilton,CSC, 100 free, 1:09.5; 200 free, 2:26.4; 400 free, 5:03.6;
13-14 girls: Susan Allen JPSC, 100 free. 1:02.8; 200 free, 2:14.0; 400 free, 4:42.1; Jacqui McFarland,FSC, 800 free, 9:33.6; 100 breast, 1:22.1; 200 breast, 2:54.0; 200 im, 2:33.5.
15-17 girls: Barb Clark,Stettler,100 free, 1:00.2; 100 fly, 1:05.5; Becky Smith,OSC, 200 free, 2:09.9; 100 back, 1:08.0; 200 back, 2:23.5; 200 im, 2:24.9; Cheryl Gibson,OSC, 400 free, 4:30.3; 200 fly, 2:23.4; Corinne Price,JPSC, 800 free, 9:13.6; 100 breast, 1:22.4; 200 breast, 2:55.8.

BRITISH COLUMBIA

Canadian Dolphin Spring Invitational

The top meet on the west coast attracted a large entry Canada-wide. Held (50m) long course for the first time, there were several world-class performances and 4 new senior records:
Women's results:
100 free: 59.26 Barb Clark,15,SCSC, 59.75 Gail Amundrud,17,CDSC; Judy Wright,CDSC, 1:00.89
200 free: 2:07.11 Gail Amundrud, CDSC; 2:08.32 Valerie Lee,USA; 2:10.24 Janice Stenhouse,15,RSC
400 free: 4:23 50 Gail Amundrud, CDSC; 4:25.01 Jo Harshbarger,USA 4:25.31 Shannon Smith,13,Hyack, 4:30.20 Leslie Cliff,CDSC.
1500 free: 17:09.78 Jo Harshbarger, USA; 17:15.38 Evi Kosenkranius, USA; 17:30.27 Leslie Cliff,CDSC; 17:42.45 Lisa Matheson,OAK; 17: 51.39 Mich Oliver,EMAC
100 back: 1:04.81 Wendy Cook,CDSC, 1:07.63 Becky Smith,OSC; 1:08.67 Cheryl Gibson,OSC; 1:09.59 Marlene Hartnell,CDSC.
200 back: 2:20.44 Wendy Cook,CDSC; 2:25.17 Becky Smith,OSC; 2:25.89 Cheryl Gibson,OSC; 2:29.68 Jenni Franks,USA.
100 breast: 1:18.53 Lisa Borsholt, 12, CDSC; 1:19.54 Jenni Franks,USA 1:21.73 Karen Murphy,EMAC
200 breast: 2:48.07 Lisa Borsholt, 12, CDSC; 2:49.26 Debbie Bengtson, CDSC; 2:53.24 Cindy Butcher,EMAC.
100 fly: 1:03.88 Barb Clark,Stettler, 1:05.29 Robin Brannman,USA; 1:05.96 Cheryl Gibson,OSC;
200 fly: 2:21.23 Becky Smith,OSC; 2:21.99 Cheryl Gibson,OSC; 2:22.21 Valerie Lee, USA;
200 im: 2:23.18 Becky Smith,OSC; 2:24.97 Jenni Franks,USA; 2:26.10 Leslie Cliff,CDSC; 2:26.16 Robin Brannman,USA; 2:26.21 Cheryl Gibson,OSC; 2:27.90 Shannon Smith, Hyack
400 im: 5:00.55 Becky Smith,OSC; 5:06.55 Cheryl Gibson,OSC; 5:09.28 Leslie Cliff, CDSC In consolation 5:05.94 Jenni Franks,USA.
Men's Events:
100 free: 54.00 Steve Pickell,CDSC 54.12 Jim Adams,EMAC; 54.45 Bruce Robertson,CDSC.
200 free: 1:57.23 Stephen Badger, AUS; 1:57.52 Bruce Robertson, CDSC; 1:58.51 Michael Ker,CDSC; 1:59.75 Jim Adams,EMAC.
400 free: 4:01.87 Stephen Badger, AUS; 4:08.28 Brian Goodall,USA; 4:11.46 Ray Mitchell,USA;4:11.54 Michael Ker,CDSC; 4:14.48 Jim Green,Hyack.
1500 free: 16:04.96 Brian Goodall, USA; 16:22.29 Michael Ker,CDSC; 16:27.11 Bill Babashoff,USA; 17:02.75 George Nagy,CDSC.
100 back: 59.47 Steve Pickell,CDSC 1:02.37 Rick Frame,OAK; 1:02.76 Butch Batchelor,CDSC.
200 back: 2:14.11 Steve Hardy, Hyack; 2:14.18 Butch Batchelor, CDSC; 2:15.96 Rick Frame, OAK.
100 breast: 1:08.50 Graham Smith, OSC; 1:08.87 Rick Colella,USA; 1:09.80 Peter Hrdlitschka,CDSC.
200 breast: 2:30.16 Rick Colella, USA; 2:30.93 Graham Smith,OSC; 2:33.97 Peter Hrdlitschka,CDSC.
100 fly: 57.38 Bruce Robertson, CDSC; 58.01 Steve Pickell,CDSC; 58.65 Jim Adams,EMAC.
200 fly: 2:08.47 Bruce Rogers, EMAC; 2:08.51 George Nagy,CDSC 2:08.97 Stephen Badger,AUS.
200 im: 2:11.33 Steve Pickell, CDSC; 2:13.05 Jim Adams,EMAC; 2:14.05 Rick Colella,USA; 2:17.50 Jim Fowlie,CDSC
400 im: 4:42.82 George Nagy, CDSC; 4:43.76 Rick Colella,USA; 4:48.39 Jim Fowlie,CDSC.

Highlights of the North Vancouver "A" Meet, Feb.15-16 (25m),
11-12 boys: Russell Dale,CDSC,1500 free, 18:12.2; 100 breast, 1:22.6.
15-17 boys: Stephen Pickell,CDSC, 100 free, 52.4; 200 free, 1:56.9; 100 back 58.6; 200 breast, 2:35.9; 100 fly, 57.7; 400 im, 4:40.2.
Senior Men: Bruce Robertson,CDSC, 200 free, 1:56.6; 100 back, 1:04.2; 100 fly, 58.1. Jim Fowlie,400 im, 4:40.4; Peter Hrdlistschka,CDSC, 200 breast, 2:26.4.
10 & under girls: Tatjana Osswald,VP, 200 free, 2:25.0; 200 back, 2:42.9; 100 breast, 1:32.0; 100 fly,1:13.3 200 im, 2:42.3
11-12 girls: Lisa Borsholt,CDSC, 100 breast, 1:17.8; 200 im, 2:35.0 Cindy Schindel,CDSC, 800 free, 9:42.9:
15-17 girls: Gail Amundrud,CDSC, 100 free, 1:00.0; 200 free, 2:11.4; 100 back, 1:10.8;100 fly, 1:07.3;
Senior Women: Janice Stenhouse, Ridge SC, 200 free, 2:07.7;400 im, 5:07.5. Wendy Cook, CDSC, 100 back, 1:05.5; Leslie Cliff, 200 breast, 2:50.8.

BERLIN AGE GROUP MEET
March 1-2, 1975, 50 metres
For swimmers born in 1960 or after.

A nine-member Canadian age group team was invited to compete in Berlin early in March. The meet was hosted by the German Democratic Republic (DDR) and six other European countries were also represented.

Our girls team performed exceptionally winning 7 of 11 events on the program with 4 silver and 4 bronze medals . The star of the meet was 13 year-old Nancy Garapic of Halifax whose **100-200** back times are solid world class (in the top **10** in 1974)

GIRLS EVENTS
100 m freestyle
1:01.03 Regina Jager, DDR
1:01.42 Ines Hildebrandt, DDR
1:01.60 Nancy Garapick, CAN (3)
1:02.25 Kathy Smith, CAN (4)
1:02.78 Sara MacDonald, CAN (5)
200 m freestyle
2:09.39 Regian Jager, DDR
2:09.73 Debbie Sojnocki, CAN (2)
2:12.70 Nancy Garapick, CAN (4)
2:13.15 Jennifer Frain, CAN (5)
2:13.30 Sara MacDonald, CAN (6)
2:13.51 Joanne Baker, CAN (7)
2:14.96 Kathy Smith, CAN (12)
400 m freestyle
4:30.90 Petra Thumer, DDR
4:31.60 Jennifer Frain, CAN (2)
4:34.30 Debbie Sojnocki,CAN (4)
4:38.10 Joanne Baker, CAN (7)
4:46.10 Sara MacDonald,CAN (15)
800 m freestyle
9:11,17 Petra Thumer, DDR
9:11.94 Regina Jager, DDR
9:12.20 Jennifer Frain,CAN (3)
9:32.58 Debbie Sojnocki,CAN (5)
9:46.69 Sara MacDonald,CAN (9)
100 m backstroke
1:06.56 Nancy Garapick,CAN (1)
1:09.37 Kathy Smith, CAN (2)
1:10.22 Liane Stier, DDR
200 m backstroke
2:21.61 Nancy Garapick,CAN (1)
2:25.52 Liane Stier, DDR
2:29.89 Kathy Smith, CAN (3)
100 m breaststroke
1:17.71 Joanne Baker, CAN (1)
1:18.17 Ute Przybylski, DDR
1:19.01 Anette Frederiksson,SWE
1:20.17 Judy Garay, CAN (4)
200 m breaststroke
2:44.75 Joanne Baker, CAN (1)
2:46.80 Petra Krause, DDR
2:47.99 Ute Przybylski, DDR
2:58.80 Judy Garay, CAN (13)
100 m butterfly
1:06.99 Debbie Sojnocki,CAN (1)
1:07.29 Andrea Pollack, DDR
1:07.35 Janka Samuhel, CAN (3)
1:10.53 Jennifer Frain, CAN (5)
200 m butterfly
2:27.92 Janka Samuhel,CAN (1)
2:28.36 Jennifer Frain, CAN (2)
2:28.68 Andrea Pollack, DDR
2:29.53 Debbie Sojnocki,CAN (4)
200 m individual medley
2:26.58 Joanne Baker, CAN (1)
2:30.65 Ute Przybylski, DDR
2:31.40 Ines Hildebrandt, DDR
2:32.78 Debbie Sojnocki, CAN (4)
2:33.28 Jennifer Frain, CAN (5)
2:35.19 Sara MacDonald, CAN (6)

BOYS EVENTS
100 m freestyle
56.58 Par Arvidson, SWE
57.45 Peter Hornak, CZE
57.60 Gerald Stern, DDR
58.55 Denis Dufour, CAN (5)
1:00.41 Craig Samuel, CAN (13)
1:00.85 Blair Tucker, CAN (17)
200 m freestyle
2:05.33 Par Arvidson, SWE
2:05.34 Arpad Botond, HUN
2:07.44 Peter Hornak, CZE
2:09.26 Craig Samuel, CAN (6)
2:09.97 Denis Dufour, CAN (9)
2:10.84 Blair Tucker, CAN (11)
400 m freestyle
4:18.72 Sandor Nagy, HUN
4:22.16 Stefan Andersson, SWE
4:24.41 Lutz Loscher, DDR
4:30.05 Craig Samuel, CAN (6)
1500 m freestyle
17:01.37 Sandor Nagy, HUN
17:11.97 Stefan Andersson, SWE
17:15.26 Lutz Loscher, DDR
17:59.92 Craig Samuel, CAN (12)
100 m backstroke
1:02.86 Gerald Stern, DDR
1:04.22 Miloslav Rolko, CZE
1:05.40 Andreas Wagner, DDR
1:07.45 Craig Samuel, CAN (4)
200 m backstroke
2:13.58 Gerald Stern, DDR
2:18.24 Miloslav Rolko, CZE
2:18.34 Andreas Wagner, DDR
100 m breaststroke
1:12.60 Andrea Lehmann, DDR
1:14.10 Georgi Dangalakov, BUL
1:14.70 Frank Engmann, DDR
200 m breaststroke
2:37.39 Andreas Lehmann, DDR
2:40.76 Frank Engmann, DDR
2:41.20 Georgi Dangalakov, BUL
100 m butterfly
1:02.78 Par Arvidsson, SWE
1:04.59 Denis Dufour, CAN (2)
1:05.02 Bernd Haase, DDR
1:05.69 Blair Tucker, CAN (5)
200 m butterfly
2:16.09 Par Arvidsson, SWE
2:18.03 Fodor Szabolcs, HUN
2:19.80 Blair Tucker, CAN (3)
200 m individual medley
2:21.50 Georgi Dangalakov, BUL
2:22.48 Miloslav Rolko, CZE
2:22.52 Andreas Wagner, DDR
2:24.18 Craig Samuel, CAN (7)
2:32.95 Denis Dufour, CAN (15)

TAG

Times received to March 14, 1975
25 metres

TOP AGE GROUP TIMES
CLASSEMENTS PAR GROUPE D'AGE

10 & UNDER GIRLS / FILLES

100 metres free / libre
Rec: 1:07.7 Tatjana Osswald,VPSC
1:07.7 Tatjana Osswald,Van Pac SC
1:11.2 Kathy Bald, Ottawa Y
1:12.0 Maureen New, Edm SSSC
1:12.3 Ronda Thomasson,Hyack SC
1:12.6 Monique Vandonselaar,SSSC
1:12.6 Tracy Klinck, Kitch-Waterloo
1:12.7 Julie Derby, Moose Jaw KFF
1:12.8 Nathalie Deschamps,Que Sel
1:13.0 Deirdre O'Melinn, Van Pac SC
1:13.3 Karen Feiertag, Etob AC
1:13.5 Jackie Rathgeber,No.Battl'fd
1:13.5 Lisa Scott, Pte-Claire SC
1:13.7 Sheila DeZeeuw,Hamilton AC
1:14.1 Sandra Honour,Regina OD
1:14.1 Heather Fulton, Hyack SC
200 metres free / libre
Rec: 2:25.0 Tatjana Osswald,VPSC
2:25.0 Tatjana Osswald,Van Pac SC
2;27.2 Rhonda Thomasson,Hyack
2:31.6 Tracy Klinck,Kitch-Waterloo
2:33.6 Sheila DeZeeuw,Hamilton
2:34.4 Karen Feiertag,Etob AC
2:34.7 Monique Vandonselaar,SSSC
2:34.9 Johnell Brennan,Regina OD
2:35.0 Lisa Scott,Pte-Claire
2:35.5 Julie Derby, Moose Jaw KFF
2:35.8 Deirdre O'Melinn, Van Pac
2:36.3 Marie Karner, Moose Jaw KFF
2:36.5 Kathy Bald, Ottawa Y
2:36.8 Barbara Jardin, St-Laurent
2:36.9 Kevin Stafford, Hyack SC
2:37.2 Nathalie Deschamps,Que Sel
400 metres free / libre
Rec: 4:59.5 Tatjana Osswald,VPSC
4:59.5 Tatjana Osswald,Van Pac SC
5:13.8 Karen Feiertag, Etob AC
5:13.9 Tracy Klinck, Kitch-Waterloo
5:18.6 Sheila DeZeeuw,Hamilton AC
5:18.8 Julie Derby, Moose Jaw KFF
5:19.3 Deirdre O'Melinn, Van Pac SC
5:24.9 Marie Karner, Moose Jaw KFF
5:26.1 Ronda Thomasson, Hyack SC
5:28.3 Monique Vandonselaar,SSSC
5:29.0 Johnell Brennan, Regina OD
5:30.4 Kathy Bald, Ottawa Y
5:31.8 Kevin Stafford, Hyack SC
5:33.8 Heather Fulton, Hyack SC
5:35.7 Nancy Forgreaves,Ham AC
5:37.6 Susan Alexander, Thun Bay
100 metres back / dos
Rec: 1:17.8 Denise Guerin,Ste-Foy,73
1:21.2 Monique Vandonselaar,SSSC
1:21.5 Tatjana Osswald, Van Pac SC
1:21.8 Cathy Stahlmann, Pte-Claire
1:21.9 Nathalie Deschamps,Que Select
1:23.2 Rhonda Simpson, Peterboro Y
1:23.7 Chenoa Haynes, No.York AC
1:25.2 Sandra Munro, Saskatoon KG
1:25.4 Heather Fulton, Hyack SC
1:25.4 Chantal Vinne, Pte-Claire
1:25.8 Janice Baker, Thunder Bay
1:25.9 Bronwyn Beatty, Regina OD
1:26.0 Kathy Tays, Dartmouth Y
1:26.1 Karen Feiertag, Etob AC
1:26.1 Kathy Bald, Ottawa Y
1:27.1 Sandra Schindel, Van Pac SC
100 metres breast / brasse
Rec:1:24.7 Jackie Loucks,Miss AC,74
1:27.6 Sheila DeZeeuw, Hamilton AC
1:30.1 Marie Karner, Moose Jaw KFF
1:31.2 Susan Alexander,Thunder Bay
1:32.0 Tatjana Osswald, Van Pac SC
1:32.0 Alison Soroka, Pte-Claire
1:32.7 Lisa Scott, Pte-Claire
1:32.7 Megan Watson, Edm Olym
1:33.3 Ronda Thomasson, Hyack SC
1:33.4 Bronwyn Beatty, Regina OD
1:33.4 Anne Blovin, Que Select
1:33.6 Jacqui Rathgeber, No.Battlef'd
1:34.2 Lesley Baldwin, Van CDSC
1:35.2 Trish Treleaven,London Y
1:35.3 Debbie Grant, Scarboro SC
1:35.5 Sylvie Ponton, Mon RLSC
1:35.5 Janis Findahl,Pte-Claire

100 metres fly / papillon
Rec:1:12.1 Tatjana Osswald,VPSC,75
1:12.1 Tatjana Osswald, Van Pac SC
1:18.7 Annick Pirron, Ste-Laurent
1:19.3 Nathalie Deschamps,Que Select
1:19.8 Cathy Stahlmann, Pte-Claire
1:20.0 Joanne Johnson, Edm JPSC
1:21.0 Monique Vandonselaar,SSSC
1:21.1 Josee Pirro, Ste-Laurent
1:22.0 Johnell Brennan, Regina OD
1:23.0 Karen Feiertag, Etobicoke AC
1:23.6 Lisa Scott, Pte-Claire
1:24.2 Sandra Brown, Ottawa K
1:24.8 Alison Soroka, Pte-Claire
1:25.1 Sandra Honour, Regina OD
1:25.1 Janet McPherson, Van CDSC
1:25.7 Kevin Stafford, Hyack SC
200 metres i.m. / quatre nages
Rec: 2:42.3 Tatjana Osswald,VPSC,75
2:42.3 Tatjana Osswald, Van Pac SC
2:53.5 Nathalie Deschamps, Que Select
2:53.9 Sheila DeZeeuw, Hamilton AC
2:54.7 Lisa Scott, Pte-Claire
2:55.5 Monique Vandonselaar,SSSC
2:56.3 Karen Feiertag, Etobicoke AC
2:56.3 Kevin Stafford, Hyack SC
2:57.4 Cathy Stahlmann, Pte-Claire
2:57.4 Alison Soroka, Pte-Claire
2:57.6 Janice Baker, Thunder Bay
2:58.1 Heather Fulton, Hyack SC
2:58.2 Marie Karner, Moose Jaw KFF
2:58.9 Barbara Jardin, Ste-Laurent
2:59.6 Chantal, Venne, Pte-Claire
2:59.7 Kathy Bald, Ottawa Y
2:59.7 Rhonda Simpson, Peterboro Y

11& 12 GIRLS / FILLES

100 metres free / libre
Rec: 1:02.8 Muareen Sheehan,RFL,74
1:03.5 Sharon Archer, Hyack SC
1:03.8 Pam O'Dell, Hyack SC
1:04.3 Coleen Maloney, Pte-Claire
1;04.4 Lisa Richardson, Regina OD
1:04.5 Lucie Danis, Pte-Claire
1:04.5 Denise Guerin, Que Select
1:05.1 Julie Yuska, Kitch-Waterloo
1:05.5 Karen Fleming, No.York AC
1:05.6 Janice Avon, Pte-Claire SC
1:05.8 Lisa Borsholt, Van CDSC
1:06.0 Cindy Schindel, Van CDSC
1:06.1 Isabel Tempesta, Thunder Bay
1:06.3 Yvette Kovacs, Van Pac SC
1:06.6 Sandra Piasecki, Oakville AC
1:06.8 Alison Reynolds, Mon West SC
200 metres free / libre
Rec:2:14.7 Maureen Sheehan,RFL,74
2:15.4 Pam O'Dell, Hyack SC
2:15.7 Sharon Archer, Hyack SC
2:17.5 Lucie Danis, Pte-Claire
2:19.1 Denise Guerin, Que Select
2:19.2 Julie Yuska, Kitch-Waterloo
2:20.1 Sandra Piasecki, Oakville AC
2:20.4 Lisa Geary, No.Van SC
2:20.4 Lisa Richardson, Regina OD
2:20.6 Karen Fleming, No.York AC
2:21.1 Janis Spilde, Edm SSSC
2:21.2 Cindy Schindel, Van CDSC
2:21.4 Lisa Borsholt, Van CDSC
2:22.0 Yvette Kovacs, Van Pac SC
2:22.0 Colleen Maloney, Pte-Claire
2:22.2 Shirley Tkatchuk, No.Battlef'd
400 metres free / libre
Rec: 4:40.7 Shannon Smith,VPSC,74
4:42.2 Sandra Piasecki, Oakville AC
4:46.1 Pam O'Dell, Hyack SC
4:46.2 Lisa Geary, No.Van SC
4:46.6 Cindy Schindel, Van CDSC
4:47.3 Julie Yuska, Kitch-Waterloo
4:49.3 Lucie Danis, Pte-Claire
4:50.9 Sharon Archer, Hyack SC
4:52.2 Janis Spilde, Edm SSSC
4:53.7 Suzanne Kwasny, Thunder Bay
4:54.4 Yvette Kovacs, Van Pac SC
4:55.3 Lisa Richardson, Regina OD
4:55.8 Isabel Tempesta, Thunder Bay
4:56.5 Karen Fleming, No.York AC
4:56.7 Lisa Borsholt, Van CDSC
4:57.5 Val Whyte, Hyack SC
4:57.5 Patti Perkins. Brantford AC
800metres free / libre
Rec: 9:33.5 Sandra Piasecki,OAK,75
9:33.5 Sandra Piasecki,Oakville AC
9:42.9 Cindy Schindel, Van CDSC
9:48.9 Sharon Archer, Hyack SC
9:56.0 Janis Spilde, Edm SSSC
9:58.2 Shelley Baldwin, Van CDSC
10:01.4 Yvette Kovacs,Van Pac SC
10'06.7 Karen Fleming, No.York AC
10:08.1 Suzanne Kwasny, Thunder B
10'08.2 Pam O'Dell, Hyack SC
10:12.2 Lisa Richardson, Regina OD
10:19.5 Val Whyte, Hyack SC
10:21.1 Susan Sim, Van CDSC
10:21.7 Lucie Danis, Pte-Claire
10:22.4 Debbie Armstead, Cal RFL
10:23.2 Alison Reynolds, Mon West
100 metres back / dos
Rec: 1:10.7 Nancy Garapick,HTAC,74
1:11.8 Debbie Armstead, Cal RFL
1:13.3 Denise Guerin, Que Select
1:14.2 Lisa Geary. No.Van SC
1:14.8 Isabel Tempesta, Thun Bay
1:14.9 Lucie Danis, Pte-Claire
1:15.1 Suzanne Kwasny, Thun Bay
1:15.2 Brenda Barnes, Regina OD
1:15.8 Judy Ward, No.York AC
1:16.0 Alexa Thornton,Van CDSC
1:16.3 Kim Druiven, Hamilton AC
1:16.4 Jennifer Beuleanne,Pte-Claire
1:16.8 Lorene Shymko,Thun Bay
1:16.8 Alison Reynolds,Mon West
1:16.9 Patti Perkins, Brantford AC
1:17.0 Lorraine Morrison, Vic Coho
200 metres back / dos
Rec: 2:31.0 Shannon Smith,VPSC,74
2:35.8 Denise Guerin, Que Select
2:37.8 Suzanne Kwasny,Thun Bay
2:38.3 Debbie Armstead, Cal RFL
2:40.9 Kim Druiven, Hamilton AC
2:41.2 Brenda Barnes, Regina OD
2:41.6 Lucie Danis, Pte-Claire
2:42.9 Val Whyte, Hyack SC
2:42.9 Patti Perkins, Brantford AC
2:43.0 Alexa Thornton, Van CDSC
2:43.2 Lisa Zbitnew, Ottawa GSC
2:43.5 Patti Gilker, Vic SSC
2:44.1 Jennifer Boullianne,Pte-Claire
2:44.4 Judy Ward, No York AC
2:44.8 Lorraine Morrison, Vic Coho
2:44.8 Renata Young, Etob AC
100 metres breast / brasse
Rec: 1:17.9 Lisa Borsholt,CDSC,75
1:17.9 Lisa Borsholt, Van CDSC
1:19.6 Robin Corsiglia,Pte-Claire
1:20.0 Judy Ward, No.York AC
1:20.4 Kim Hammond, Van CDSC
1:21.8 Flavia Corbella, Van CDSC
1:22.6 Marie C.Poulin, Que Select
1:23.0 Diane Firth, Mon West SC
1:24.5 Jackie Loucks, Mississauga
1:24.7 Monique Raymond, Cowans
1:25.1 Kate Wiley, Tor Swimtec
1:25.2 Janice Dalrymple, London Y
1:25.3 Donna Baron, Pte-Claire
1:25.4 Denise Guerin, Que Select
1:25.5 Yvette Kovacs,Van Pac SC
1:25.5 Dianne Tasse, Pte-Claire
200 metres breast / brasse
Rec: 2:42.9 Lisa Borsholt,CDSC,75
2:42.9 Lisa Borsholt, Van CDSC
2:53.8 Robin Corsiglia, Pte-Claire
2:54.5 Kim Hammond, Van CDSC
2:55.7 Judy Ward, No.York AC
2:56.5 Flavia Corbella, Van CDSC
2:58.7 Marie C.Poulin, Que Select
2:58.9 Denise Guerin, Que Select
2:59.4 Janis Spilde, Edm SSSC
3:00.0 Yvette Kovacs, Van Pac SC
3:00.6 Cheryl Cohan, Winn Card
3:01.2 Jackie Loucks, Mississauga
3:01.8 Kate Wiley, Tor Swimtec
3:01.8 Diana Firth, Montreal West
3:02.9 Marion Kelly, Pte-Claire
3:03.0 Cheryl Webb, No.Van SC
100 metres fly / papillon
Rec: 1:08.6 Janka Samuhel,CPAC,74
1:09.1 Debbie Armstead, Cal RFL
1:12.2 Ann Pelletier, Que Select
1:12.4 Julie Yuska, Kitch-Waterloo
1:13.2 Pam O'Dell, Hyack, SC
1:13.5 Karen Fleming, No.York AC
1:13.7 Judy Ward, No.York AC
1:13.8 Alison Reynolds, Mon West
1:14.2 Barb Young, London Y
1:15.5 Lisa Borsholt, Van CDSC
1:15.5 Angela Prokopiak, Ottawa K
1:15.6 Suzanne Kwasny, Thun Bay
1:15.7 Lisa Geary, No.Van SC
1:15.7 Yvette Kovacs, Van Pac SC
1:15.8 Colleen Maloney, Pte-Claire
1:16.0 Cindy Schindel, Van CDSC
1:16.0 Donna Baron, Pte-Claire
200 metres fly / papillon
Rec: 2:32.4 Janka Samuhel,CPAC,74
2:34.3 Debbie Armstead, Cal RFL
2:38.9 Pam O'Dell, Hyack SC
2:40.1 Alison Reynolds, Mon West
2:41.4 Lisa Borsholt, Van CDSC
2:42.3 Barb Young, London Y
2:43.4 Yvette Kovacs, Van Pac SC
2:44.3 Val Whyte, Hyack SC
2:44.4 Julie Yuska, Kitch-Waterloo
2:44.8 Cindy Schindel, Van CDSC
2:45.2 Lucie Danis, Pte-Claire
2:45.3 Karen Fleming, No.York AC
2:45.8 Mickey Marquardt, Man Marlins
2:48.1 Ann Pelletier, Que Select
2:48.8 Lori O'Hara, Etob AC
2:49.0 Sandra Piasecki, Oakville AC
200 metres i.m. / quatre nages
Rec: 2:32.1 Shannon Smith,VPSC,74
2:35.0 Lisa Borsholt, Van CDSC
2:37.5 Denise Guerin, Que Select
2:38;2 Judy Ward, No.York AC
2:38.8 Debbie Armstead, Cal RFL
2:39.9 Yvette Kovacs, Van Pac SC
2:40.9 Cynthia Pincott, Cowansville
2:41.2 Suzanne Kwasny, Thun Bay
2:41.4 Lucie Danis, Pte-Claire
2:42.0 Kim Druiven, Hamilton AC
2:42.3 Isabel Tempesta, Thun Bay
2:42.6 Diane Tasse, Pte-Claire
2:42.8 Patti Perkins, Brantford AC
2:42.9 Donna Baron, Pte-Claire
2:43.1 Alison Reynolds, Mon West
2:43.1 Licia Corbella, Van CDSC
400 metres i.m. / quatre nages
Rec: 5:26.5 Shannon Smith,VPSC,74
5:30.6 Lisa Borsholt, Van CDSC
5:37.5 Debbie Armstead, Cal RFL
5:39.7 Judy Ward, No.York AC
5:41.6 Pam O'Dell, Hyack SC
5:42.0 Yvette Kovacs, Van Pac SC
5:42.1 Licia Corbella, Van CDSC
5:44.5 Suzanne Kwasny, Thun Bay
5:44.6 Denise Guerin, Que Select
5:46.1 Shirley Tkatchuk, No.Battl'fd
5:48.6 Tiia Manson, Van CDSC
5:48.6 Isabel Tempesta, Thun Bay
5:50.0 Sharon Archer, Hyack SC
5:52.3 Mickey Marquardt, Man Marl
5:52.8 Lisa Jacobson, Van CDSC
5:53.5 Alexa Thornton, Van CDSC

13-14 GIRLS / FILLES

100 metres free / libre
Rec: 59.32 Anne Jardin,PCSC, 74
1:00.9 Kathy Smith,Etobicoke AC
1:01.1 Heidi Borner, Pte-Claire
1:01.2 Kerry Kissick, Oakville AC
1:01.6 Nancy Garapick, Hal TAC
1:01.7 Val Mee, Oakville AC
1:01.8 Shelley Wilson, No.Batlf'd
1;01.9 Wendy Lee, Regina OD
1:01.9 Sheryl Ramsell, Hyack SC
1:02.2 Shannon Smith, Hyack SC
1:02.6 Joanne Baker, Thun Bay
1:02.7 Debbie Carleton, Pte-Claire
1:02.8 Susan Aleen, Edm JPSC
1:02.9 Carole Johnson, Que Select
1:03.0 Janet Rushcall, Vic ASC
1:03.0 Janka Samuhel, Van Pac SC
200 metres free / libre
Rec: 2:07.7 Wendy Ouirk, PCSC, 73
2:08.3 Shannon Smith, Hyack SC
2:09.7 Debbie Sojnocki, Hamilton AC
2:10.7 Jennifer Frain, Winn Card SC
2:10.9 Lisa Matheson, Oakville AC
2:11.2 Shelley Wilson, No.Battlef'd
2:11.9 Wendy Lee, Regina OD
2:12.1 Kerry Kissick, Oakville AC
2:12.7 Nancy Garapick, Hal TAC
2:13.1 Joanne Baker, Thun Bay
2:13.2 Susan Davies, Hyack SC
2:13.7 Heidi Borner, Pte-Claire
2:13.8 Leslie Brafield, Etobicoke AC
2:14.1 Kathy Smith, Etobicoke AC
2:14.2 Vanita Wells, Man Marlins
2:14.4 Sheryl Ramsell, Hyack SC
400 metres free / libre
Rec: 4:24.7 Wendy Ouirk,PCSC, 73
4:25.3 Shannon Smith, Hyack SC
4:25.3 Jennifer Frain,Winn Card
4:30.0 Lisa Matheson, Oakville AC
4:33.7 Vanita Wells, Man Marlins
4:33.9 Heidi Borner, Pte-Claire
4:34.0 Wendy Lee, Regina OD
4:37.0 Shelley Wilson, No.Battlef'd
4:37.3 Susan McGavin, Winn Card
4:37.4 Susan Davies, Hyack SC
4:38.1 Joanne Baker, Thunder Bay
4:39.3 Shelley Baldwin, Van CDSC

4:40.4 Irene Bonin, Ste-Laurent
4:41.0 Leslie Brafield, Etobicoke AC
4:41.5 Lisa Geary, No.Van SC
4:41.8 Janet Rushcall, Vic ASC

800 metres free / libre
Rec: 9:06.5 Wendy Quirk, PCSC,73
9:10.3 Jennifer Frain, Winn Card
9:14.9 Shannon Smith, Hyack SC
9:13.3 Lisa Matheson, Oakville AC
9:22.5 Debbie Sojnocki, Hamilton AC
9:22.9 Wendy Lee, Regina OD
9:26.3 Leslie Brafield, Etobicoke AC
9:28.4 Susan Davies, Hyack SC
9:30.9 Vanita Wells, Man Marlins
9:32.0 Heidi Borner,Pte-Claire
9:33.5 Joanne Baker, Thunder Bay
9:33.6 Jacqui McFarland,Cal FSC
9:35.1 Judy Harrell, Hamilton AC
9:40.0 Terrill Samuel, No.York AC
9:40.0 Kerry Kissick, Oakville AC
9:42.2 Janet Rushcall, Vic ASC

100 metres back / dos
Rec:1:07.2 Nancy Garapick,HTAC,75
1:06.5 Nancy Garapick,HTAC (lc)
1:07.8 Kathy Smith, Etobicoke AC
1:10.0 Alison Noble, Vic Coho
1:10.3 Laura Kirkpatrick,Pte-Claire
1:10.5 Shelley Wilson, No.Battlef'd
1:10.7 Suzie Baronet, Que Select
1:11.3 Debbie Vining, Pte-Claire
1:11.3 Kelly Yerxa, Fredericton Y
1:11.6 Susan Mason, Halifax TAC
1:11.7 Joanne Baker, Thunder Bay
1:11.7 Ann Walling, Que Select
1:12.0 Martine Cantin, Que Select
1:12.0 Janka Samuhel, Van Pac SC
1:12.2 Cathy Sheehan, Cal RFL
1:12.2 Lois Daigneault,Pte-Claire

200 metres back / dos
Rec:2:26.9 Kathy Smith,EMAC,74
2:21.2 Nancy Garapick, HTAC (lc)
2:26.4 Kathy Smith, EMAC (lc)
2:28.2 Debbie Sojnocki, Hamilton AC
2:29.0 Alison Noble, Vic Coho
2:30.9 Debbie Vining, Pte-Claire
2:31.4 Joanne Baker, Thunder Bay
2:31.8 Martine Cantin, Que Select
2:32.4 Marie J.Matte, Ste-Laurent
2:32.7 Suzie Baronet, Que Select
2:33.0 Janka Samuhel, Van Pac SC
2:33.0 Shelley Baldwin, Van CDSC
2:33.3 Shelley Wilson, No.Battlef'd
2:33.7 Cathy Sheehan, Cal RFL
2:33.7 Shannon Smith, Hyack SC
2:34.0 Trudy Munro, Saskatoon KG

100 metres breast / brasse
Rec:1:18.2 Judy Garay,Swimtec,74
1:17.7 Joanne Baker,Thun Bay (lc)
1:18.2 Judy Garay, Swimtec
1:18.6 Debbie Vining, Pte-Claire
1:18.7 Barbara Finn, Pte-Claire
1:18.7 Glenys Reid, Pte-Claire
1:19.1 Stephanie Gurden, No.York AC
1:19.3 Ann Walling, Que Select
1:19.8 Christine Hodson, Ottawa GSC
1:20.3 Carla Peppler, Ottawa GSC
1:20.4 Cindy Butcher, Etobicoke AC
1:21.1 Shelley McPhail, Van CDSC
1:21.1 Carole Latendresse,Pte-Claire
1:21.3 Patti Miller, Saskatoon KG
1:21.8 Kathleen McKervill,Moncton Y
1:21.8 Marie-C.Poulin,Que Select

200 metres breast / brasse
Rec:2:43.8 Joanne Baker, Thun Bay,74
2:43.8 Joanne Baker, Thun Bay
2:47.0 Judy Garay, Swimtec
2:48.8 Danielle Francis,Cowansville
2:49.1 Cindy Butcher, Etobicoke AC
2:49.2 Glenys Reid, Pte-Claire
2:49.6 Barbara Finn, Pte-Claire
2:49.7 Debbie Vining, Pte-Claire
2:50.1 Christine Hodson, Man Marlins
2:50.3 Ann Walling, Que Select
2:51.0 Glenys Reid, Pte-Claire
2:51.4 Jennifer Frain, Winn Card
2:51.5 Shelley McPhail, Van CDSC
2:52.1 Donna Loucks, Mississauga AC
2:53.5 Kim Hutton, Van Pac SC
2:54.0 Sylvianne Puntous,Mon Olym
2:54.0 Jacqui McFarland,Cal FSC

100 metres fly / papillon
Rec:1:05.99 Wendy Quirk,PCSC,74
1:06.1 Nancy Garapick, Hal TAC
1:06.1 Janka Samuhel, Van Pac SC
1:06.9 Debbie Sojnocki, Hamilton AC
1:07.9 Carole Latendresse,Pte-Claire
1:08.4 Joanne Baker, Thun Bay
1:08.4 Wendy Chaboyer, Winn Card
1:08.6 Gillian Main, No.York AC
1:08.8 Shelley Wilson, No.Battlef'd
1:09.3 Debbie Bath, London Y
1:09.5 Kerry Kissick, Oakville AC
1:09.5 Kim DeLuca, Van Pac SC
1:09.7 Jane McCartney, No.York AC
1:10.2 Roberta Gibson, Van CDSC
1:10.2 Cynthia Moore, Edm JPSC
1:10.3 Jennifer Frain, Winn Card

200 metres fly / papillon
Rec: 2:23.7 Debbie Sojnocki,HAC,74
2:23.7 Debbie Sojnocki, Hamilton AC
2:25.6 Janka Samuhel, Van Pac SC
2:25.6 Wendy Chaboyer, Winn Card
2:26.5 Jennifer Frain, Winn Card
2:29.8 Gillian Main, No.York AC
2:30.0 Carole Latendresse,Pte-Claire
2:30.8 Liz McBrien, Kitch-Waterloo
2:30.9 Jane McCartney, No.York AC
2:30.9 Maureen Cohan, Winn Card
2:31.1 Shelley Wilson, No.Battlef'd
2:31.9 Roberta Gibson, Van CDSC
2:32.1 Leslie Brafield, Etobicoke AC
2:32.3 Debbie Bath, London Y
2:32.6 Kerry Kissick, Oakville AC
2:32.6 Vanita Wells, Man Marlins

200 metres i.m. / quatre nages
Rec: 2:26.8 Stenhouse / Sojnocki -
2:26.5 Joanne Baker, Thun Bay (lc)
2:26.8 Debbie Sojnocki, Hamilton AC
2:27.4 Shannon Smith, Hyack SC
2:28.5 Jennifer Frain, Winn Card
2:29.5 Nancy Garapick, Hal TAC
2:30.8 Kathy Smith, Etobicoke AC
2:31.2 Shelley Wilson, No.Battlef'd
2:32.0 Janka Samuhel, Van Pac SC
2:32.4 Debbie Vining, Pte-Claire
2:32.4 Debbie Bath, London Y
2:32.8 Carole Latendresse,Pte-Claire
2:33.5 Jacqui McFarland, Cal FSC
2:34.3 Susan Bond, Hamilton AC
2:34.4 Shelley Baldwin, Van CDSC
2:34.4 Judy Mulrooney, Ottawa GSC
2:34.4 Christine Hodson, Ottawa GSC
2:34.4 Kim Hutton, Van Pac SC
2:34.4 Vanita Wells, Man Marlins

400 metres i.m. / quatre nages
Rec: 5:03.76 Jennifer Frain,CSC, 74
5:03.7 Jennifer Frain, Winn Card
5:04.9 Joanne Baker, Thunder Bay
5:09.3 Shannon Smith, Hyack SC
5:10.4 Debbie Sojnocki, Hamilton AC
5:17.9 Shelley Wilson, No.Battlef'd
5:21.3 Carole Latendresse,Pte-Claire
5:22.1 Danielle Francis, Cowansville
5:23.8 Debbie Bath, London Y
5:24.5 Vanita Wells, Man Marlins
5:24.8 Debbie Vining, Pte-Claire
5:25.6 Lisa Geary, No.Van SC
5:26.2 Susan McGavin, Winn Card
5:26.3 Christine Hodson, Ottawa GSC
5:26.3 Heidi Borner, Pte-Claire
5:26.9 Lisa Matheson, Oakville AC

15—17 GIRLS / FILLES

100 metres free / libre
Rec: 58;1 Gail Amundrud, CDSC, 74
58.1 Gail Amundrud, Van CDSC
59.4 Wendy Quirk,15, Pte-Claire
59.5 Becky Smith, 15, Edm Olym
1:00.0 Sarah MacDonald,15,CDSC
1:00.1 Anne Jardin, 15, Pte-Claire
1:00.6 Janice Stenhouse,15,Ridge SC
1:00.8 Corinne Price, 15, Edm JPSC
1:01.0 Rosanne Naroski,16,Thun Bay
1:01.2 Valana Wells,17, Man Marlins
1:01.4 Chris Munro,16,Saskatoon KG
1:01.7 Julie Sanderson, Van CDSC
1:01.7 Barbara Clark,16,Stettler
1:01.9 Joan Besant,Van CDSC
1:02.0 Debbie Eastmure,17,Swimtec
1:02.0 Danielle Balla,16,Pte-Claire

200 metres free / libre
Rec: 2:03.5 Wendy Quirk,PCSC,75
2:03.5 Wendy Quirk,15,Pte-Claire
2:04.6 Gail Amundrud,17,Van CDSC
2:07.7 Janice Stenhouse,15,Ridge SC
2:08.4 Mich Oliver,17,Etobicoke AC
2:09.7 Anne M.Latta,16,Etobicoke AC
2:09.7 Becky Smith,15,Edm Olym
2:10.4 Karen LeGresley,17,Swimtec
2:10.6 Valana Wells,17,Man Marlins
2:11.2 Chris Munro,16,Saskatoon KG
2:11.4 Beverly Jones, Hyack SC
2:11.6 Cheryl Gibson,15,Edm Olym
2:12.0 Barbara Clark,16,Stettler SC
2:12.2 Joan Besant,16,Van CDSC
2:12.3 Nicky Haylett,15,Etob AC
2:12.3 Liz McKinnon,15,Thun Bay
2:12.3 Anne Jardin,15,Pte-Claire

400 metres free / libre
Rec: 4:17.0 Wendy Quirk,PCSC,75
4:17.0 Wendy Quirk,15,Pte-Claire
4:23.0 Liz McKinnon,15,Thun Bay
4:23.5 Mich Oliver,17,Etobicoke AC
4:27.3 Janice Stenhouse,15,Ridge SC
4:28.3 Anne M.Latta,16,Etobicoke
4:28.8 Gail Amundrud,17,Van CDSC
4:29.1 Rosanne Naroski,16,Thun Bay
4:30.3 Cheryl Gibson,15,Edm Olym
4:30.4 Corinne Price,15,Edm JPSC
4:31.2 Sarah MacDonald,15,Van CDSC
4:32.4 Becky Smith,15, Edm Olym
4:33.5 Nicky Haylett,15,Etob AC
4:34.0 Kerri Skilling,17,Thun Bay
4:34.3 Anne Jardin, 15, Pte-Claire
4:35.2 Chris Munro,16, SaskatoonKG

800 metres free / libre
Rec: 8:54.9 Wendy Quirk,PCSC,75
8:54.9 Wendy Quirk,15, Pte-Claire
9:03.9 Mich Oliver,17,Etobicoke AC
9:08.8 Janice Stenhouse,15,Ridge SC
9:11.4 Gail Amundrud,17,Van CDSC
9:13.6 Corinne Price,15,Edm JPSC
9:15.1 Liz McKinnon,15,Thun Bay
9:15.8 Julie Sanderson,16,Van CDSC
9:16.6 Cheryl Gibson,15,Edm Olym
9:22.2 Chris Munro,16,Saskatoon KG
9:22.6 Nicky Haylett,15,Etob AC
9:23.5 Anne M.Latta,16,Etob AC
9:24.7 Bev Jones,16,Hyack SC
9:25.1 Becky Smith,15,Edm Olym
9:25.9 Joan Besant,15,Van CDSC
9:30.4 Ann Nelson,16,Edm JPSC

100 metres back / dos
Rec: 1:06.7 Wendy Cook,CDSC,74
1:07.6 Becky Smith,15,Edm Olym
1:07.9 Ginette Ladouceur,16,Pte-Cla
1:08.6 Cheryl Gibson,15,Edm Olym
1:09.5 Wendy Quirk,15,Pte-Claire
1:09.7 Rosanne Naroski,16,Thun Bay
1:09.8 Marlene Hartnell,16,CDSC
1:10.0 Karen Wiznuk,17,Thun Bay
1:10.2 Gail Amundrud,17,Van CDSC
1:10.5 Becky Green,15, Tor Swimtec
1:10.6 Barb Clark,16,Stettler SC
1:10.7 Janie Flynn,15, Halifax TAC
1:10.7 Elaine Luxemberg,16,Pte-Claire
1:11.0 Megan Hughes, 16,Thun Bay
1:11.0 Chris Munro,16, Sask. KG
1:11.1 Janice Stenhouse,15,Ridge SC
1:11.2 Donna Miller,16,Etobicoke AC
1:11.2 Chris Hodgins,16,Thun Bay

200 metres back / dos
Rec: 2:21.3 Wendy Cook,CDSC,74
2:22.8 Becky Smith,15, Edm Olym
2:23.0 Ginette Ladouceur,15,Pte-Cla
2:25.3 Cheryl Gibson,15,Edm Olym
2:29.1 Lynn Bengtson,16,Van CDSC
2:29.2 Wendy Quirk,15,Pte-Claire
2:29.3 Nicky Haylett,15,Etobicoke AC
2:29.5 Mimi Dancy,16,Mississauga AC
2:30.1 Chris Hodgins,16,Thun Bay
2:30.2 Chris Munro,16,Sask KG
2:30.5 Gail Amundrud,17,Van CDSC
2:31.1 Mich Oliver,17, Etobicoke AC
2:31.3 Joan Besant,15, Van CDSC
2:31.9 Marlene Hartnell,16, Van CDSC
2:32.0 Debbie Bengtson,17, Van CDSC
2:32.7 Jenny de Freitas,16, Ottawa K
2:32.7 Janice Stenhouse,15, Ridge SC

100 metres breast / brasse
Rec: 1:15.6 Sylvie Deschamps,SF,73
1:17.2 Anne Gagnon,16,Que Select
1:18.9 Judy Newman, Vic Coho
1:19.3 Sally Leith,17, Man Marlins
1:19.4 Kathy Alexander,16,Pte-Claire
1:19.5 Lisa Moore,15, Tor Swimtec
1:19.6 Josie Loehrich,17, Van HCC
1:19.6 Holly LeReverend,16,Pte-Cla
1:19.6 Janice Mason,15, Vic Coho
1:19.8 Eloise McGonigal,15,Mississauga
1:20.1 Roberta Thomson,15,Pte-Claire
1:20.3 Elaine Luxemberg,16,Pte-Claire
1:20.3 Becky Smith,15,Edm Olym
1:20.3 Sarah MacDonald,15, Van CDSC
1:20.4 Sara Teskey,15,Etobicoke AC
1:20.7 Judy Poole, Van HCC,

200 metres breast / brasse
Rec: 2:45.5 Sylvie Deschamps,SF,73
2:47.1 Sally Leith,17, Man Marlins
2:47.6 Melanie MacKay,15,Oakville AC
2:48.3 Debbie Bengtson,17, Van CDSC
2:48.7 Anne Gagnon,16,Que Select
2:49.1 Judy Poole,15, Van HCC
2:49.1 Roberta Thomson,16,Pte-Claire
2:49.5 Kathy Alexander,16,Pte-Claire
2:49.6 Holly LeReverend,17,Pte-Claire
2:49.6 Vicki Mestdagh,15,Winn Card
2:49.9 Eloise McGonogal,15,Miss AC
2:50.5 Carla DePape,15,Winn Card
2:50.6 Becky Smith,15,Edm Olym
2:51.0 Lisa Moore,15,Tor Swimtec
2:51.2 Kathy Donohue,15,Thun Bay
2:51.8 Yvonne Lankreijer,15,Winn CSC

100 metres fly / papillon
Rec:1:04.5 Wendy Quirk,PCSC,75
1:04.5 Wendy Quirk,15,Pte-Claire
1:06.2 GailAmundrud,17,Van CDSC
1:06.2 Becky Smith,15,Edm Olym
1:07.2 Valana Wells,16,Man Marlins
1:07.2 Cheryl Gibson,15,Edm Olym
1:07.7 Julie Bonner,16,Etobicoke AC
1:07.9 Barb Clark,16,Stettler SC
1:08.1 Pat Arnett,15,Etobicoke AC
1:08.1 Susan Sloan,16, Stettler SC
1:08.1 Karen LeGresley,17,Tor Swimtec
1:08.1 Janice Stenhouse,15,Ridge SC
1:08.2 Karen Rushcall,16,Vic ASC
1:08.3 Candy Ewing,17,Ottawa K
1:08.4 Nini Gibson,16,Hyack SC
1:08.5 Patti Riley,15,Etobicoke AC

200 metres fly / papillon
Rec:2:20.18 Wendy Quirk,PCSC,75
2:20.1 Wendy Quirk,Pte-Claire
2:21.8 Becky Smith,15,Edm Olym
2:23.4 Cheryl Gibson,15,Edm Olym
2:24.4 Julie Bonner,16,Etobicoke AC
2:26.8 Beth Tanton,16,Mississauga AC
2:26.8 Nini Gibson,16,Hyack SC
2:27.1 Joan Besant,15, Van CDSC
2:27.3 Karen Rushcall,16, Vic ASC
2:27.8 Gail Hodge,17, Van CDSC
2:27.9 Pat Arnett,16, Etobicoke AC
2:28.4 Patti Riley,15,Etobicoke AC
2:28.6 Valana Wells,17, Man Marlins
2:28.7 Liz McKinnon,15,Thun Bay
2:29.3 Karen LeGresley,17,Swimtec
2:29.6 Debbie Bengtson,17,Van CDSC

200 metres i.m. / quatre nages
Rec:2:24.9 Becky Smith,Edm Olym,75
2:23.2 Becky Smith,15,Edm Olym (lc)
2:26.7 Mimi Dancy,16,Mississauga AC
2:26.8 Mich Oliver,17,Etobicoke AC
2:26.8 Janice Stenhouse,15,Ridge SC
2:27.0 Anne M.Latta,17,Etobicoke AC
2:27.2 Cheryl Gibson,15,Edm Olym
2:27.4 Sarah MacDonald,15,Van CDSC
2:28.4 Valana Wells,17,Man Marlins
2:29.0 Gail Amundrud,17,Van CDSC
2:29.8 Janie Flynn,15,Halifax TAC
2:30.1 Debbie Bengtson,17,Van CDSC
2:30.2 Karen Wiznuk,17,Thun Bay
2:30.4 Brenda Holmes,16,Edm JPSC
2:30.5 Corinne Price,15,Edm JPSC
2:31.4 Liz McKinnon,15,Thun Bay

400 metres i.m. / quatre nages
Rec: 5:03.03 Wendy Quirk,PCSC,75
5:03.0 Wendy Quirk,15,Pte-Claire
5:04.5 Cheryl Gibson,15,Edm Olym
5:06.3 Mimi Dancy,15,Mississauga AC
5:07.5 Janice Stenhouse,15,Ridge SC
5:08.2 Mich Oliver,17,Etobicoke AC
5:08.3 Becky Smith,15,Edm Olym
5:10.7 Anne M.Latta,17,Etob AC
5:10.8 Nicky Haylett,15,Etob AC
5:12.4 Debbie Bengtson,17,Van CDSC
5:13.7 Rosanne Naroski,16,Thun Bay
5:13.8 Gail Amundrud,17,Van CDSC
5:14.8 Louise Sauve,15,Ste-Laurent
5:15.1 Liz McKinnon,15,Thun Bay
5:16.2 Joan Besant,15,Van CDSC
5:17.8 Valana Wells,17,Man Marlins

10 & UNDER BOYS / GARCONS

100 metres free / libre
Rec: 1:08.0 Calvin Jacobs,MAAA,73
1:08.3 Alex Baumann,Sud LUSC
1:08.6 Richard Peters,Winn SJS
1:09.4 Alec Main,No York AC
1:09.8 Brian Epp, Regina OD
1:10.5 Ken Walker,Scarboro SC
1:12.2 Todd Gray, Brantford AC
1:12.4 Steven Thomas, Hamilton AC
1:12.4 John Dawdy,London Y
1:12.5 Tom Hayhurst,No York AC
1:13.0 Darryl Banman,Cal FSC
1:13.6 Ian Ross, Cal Casc SC
1:13.8 Mike Tuck, St.John's MUSC
1:14.1 Patrick Smith,Van Pac SC
1:14.2 Matt Warden,Scarboro SC
1:14.3 Colin Cooper, Hyack SC

200 metres free / libre
Rec: 2:24.3 Chris Engelke,Pet Y,73
2:25.8 Brian Epp, Regina OD
2:26.6 Richard Peters, Winn SJS
2:26.7 Alex Baumann, Sud LUSC
2:28.8 Ken Walker, Scarboro SC
2:30.1 Alec Main, No York AC
2:30.9 Steven Thomas, Hamilton AC
2:34.7 Darryl Banman, Cal FSC
2:35.1 Tom Hayhurst, No York AC
2:35.3 Barry Wells, Man Marlins
2:36.0 Bobby Smith, Regina OD
2:36.5 Angus Neufeld,Sask KG
2:36.8 Patrick Smith, Van Pac SC
2:37.1 Ian Cadorette, Pte-Claire
2:37.3 Michael Ty, Sask KG
2:38.2 Ian Ross, Calgary Casc SC

400 metres free / libre
Rec: 5:08.3 Brian Epp,Reg OD,75
5:08.3 Brian Epp, Regina OD
5:08.7 Richard Peters, Winn SJS
5:11.8 Ken Walker, Scarboro SC

5:12.4 Alex Baumann, Sudb LUSC
5:19.8 Steven Thomas, Hamilton AC
5:20.4 Darryl Banman, Cal FSC
5:24.0 Barry Wells, Man Marlins
5:24.8 Boby Smith, Regina OD
5:25.0 Alec Main, No York AC
5:28.2 Grant Reffell, Burl Cent AC
5:28.4 Patrick Smith, Van Pac SC
5:28.6 Jack Donohue, Thun Bay
5:30.1 Rick Foreman, Cal FSC
5:31.5 Michael Ty,Sask KG
5:33.6 Paul Gerrie, Van CDSC

100 metres back / dos
Rec: 1:16.7 Mike Kanuka, Reg OD,72
1:19.8 Richard Peters, Winn SJS
1:20.6 Darryl Banman, Cal FSC
1:21.2 Alex Baumann, Sudb LUSC
1:23.0 Iain McIver, Van HCC
1:23.9 Matt Warden, Scarboro SC
1:24.0 Steven Thomas, Hamilton AC
1:24.5 Paul Sparrow, Vic Coho
1:25.4 Angus Neufeld, Sask KG
1:25.5 Sean Murphy, Pte-Claire
1:25.7 Ian Ross, Cal Casc SC
1:25.8 Chris Kuhn, No York AC
1:26.2 Duncan Bell, Alderwood SC
1:26.2 Chris Martin, Cal Casc SC
1:26.5 Brian Epp, Regina OD
1:26.6 Paul Gerrie, Van CDSC

100 metres breast / brasse
Rec: 1:26.3 Graham Smith,SSSC,69
1:29.4 Alex Bauman, Sudb LUSC
1:31.1 Michael Robbie, Winn Card
1:31.5 Joe Gulayets,Edm Olym
1:32.8 Darryl Banman,Cal FSC
1:33.1 Richard Peters,Winn SJS
1:33.1 Alec Main, No York AC
1:33.3 Steven Thomas, Ham AC
1:33.6 Greg Lohin, No.Van SC
1:33.6 Michael Brickman, No.York
1:33.7 John Dawdy, London Y
1:34.3 Kelly Perrin, Cal FSC
1:34.6 George Vis, Man Marlins
1:34.7 C.Gibbons, Pte-Claire
1:34.9 Jean Gosselin, Haut-Richelieu
1:35.1 Andre Tardiff, Regina OD

100 metres fly / papillon
Rec: 1:14.9 Robt.Hamel,Cowansville
1:16.7 Brian Epp, Regina OD
1:20.0 Alex Baumann,Sudb LUSC
1:20.9 Tom Hayhurst, No York AC
1:21.4 Ian Ross, Cal Casc SC
1:21.6 Patrick Smith, Van Pac SC
1:21.9 Todd Gray, Brantford AC
1:22.0 Darryl Banman, Cal FSC
1:22.2 John Shaw, Peterboro Y
1:22.4 Glen Luxemberg,Pte-Claire
1:22.7 David Biggs, Ottawa K
1:24.2 John Dawdy, London Y
1:24.6 Paul Loughrin, Ottawa K
1:24.6 Richard Peters, Winn SJS
1'24,9 Barry Wells, Man Marlins
1:25.7 George Vis, Man Marlins

200 metres i.m. / quatre nages
Rec: 2:48.4 Richard Peters, Winn SJS
2:46.7 Alex Baumann, Sudb LUSC(Ic)
2:48.4 Richard Peters, Winn SJS
2:50.2 Darryl Banman, Cal FSC
2:53.9 Brian Epp, Regina OD
2:56.9 Steven Thomas, Hamilton AC
2:57.2 Tom Hayhurst, No York AC
2:58.5 Alec Main, No York AC
2:59.6 Paul Sparrow, Vic Coho
2:59.7 Patrick Smith, Van Pac SC
3:01.4 Barry Wells, Man Marlins
3:02.0 John Dawdy, London Y
3:02.7 Adrian Metcalf, No Van SC
3:03.1 Iain McIver, Van HCC
3:03.3 John Shaw, Peterboro Y
3:03.3 Shane Esau, Cal Casc SC

11-12 BOYS / GARCONS

100 metres free / libre
Rec:1:01.1 David Wood,Mon West,74
1:02.6 Andre Theoret, Dorval SC
1:03.3 Robbie Bayliss, Van CDSC
1:03.6 Fraser Campbell, Woodstock Y
1:03.8 Cal Jacobs, SteLaurent
1:03.9 Robbie Wallenius,No.Ont AC
1:04.5 Colin Kinnear, Etobicoke AC
1:04.8 Frank Kennedy, Pte-Claire
1:04.9 Jeff Manning, Brantford AC
1:05.8 David Honour, Regina OD
1:06.1 Ken Fitzpatrick, London Y
1:06.2 Todd Anderson, Cal Casc SC
1:06.2 Darcy Vaughan, Cal Casc SC
1:06.3 Joe Murray, Tor Swimtec
1:06.5 Stephen Crane, St.John's MUSC
1:06.5 Steven Pastirik,Welland Y

200 metres free / libre
Rec:2:13.4 Clark Vandermye,CDSC,74
2:14.2 Robbie Bayliss, Van CDSC
2:14.6 Andre Theoret, Dorval SC
2:15.0 Cal Jacobs, Ste-Laurent
2:17.1 Robbie Wallenius, No Ont.AC
2:18.2 Russell Dale, Van CDSC
2:19.7 Darcy Vaughan, Cal Casc SC
2:19.9 Frank Kennedy, Pte-Claire
2:20.0 Colin Kinnear, Etobicoke AC
2:20.0 Tim McManus, Windsor AC
2:20.3 Graham Bullock, St.John's MU
2:20.5 Andy Crimp, Van CDSC
2:20.8 Peter Dobson, Hyack SC
2:21.5 Jeff Manning, Brantford AC
2:21.7 Jim Donohue, Thun Bay
2:21.7 Robert Hamel, Cowansville

400 metres free / libre
Rec: 4:38.2 Cal Jacobs, Ste-Laurent,75
4:38.2 Cal Jacobs, Ste-Laurent
4:39.4 Robbie Bayliss, Van CDSC
4:40.5 Russell Dale, Van CDSC
4:43.8 Jim Donohue, Thun Bay
4:44.7 Andre Theoret, Dorval SC
4:49.1 Graham Bullock, St.John's MU
4:49.4 Robbie Wallenius, No.Ont AC
4:49.6 Andy Crimp, Van CDSC
4:49.9 Peter Dobson, Hyack SC
4:50.7 Helmut Dyck, Winn Card SC
4:52.5 Todd Anderson, Cal Casc SC
4:54.2 Darcy Vaughan, Cal Casc SC
4:54.3 Brad Wall, Winn SJS
4:54.8 Tim McManus, Windsor AC
4:55.4 Frank Kennedy, Pte-Claire

1500 metres free / libre
Rec: 18:12.2 Russell Dale, CDSC, 75
18:12.2 Russell Dale, Van CDSC
18:29.1 Robbie Bayliss, Van CDSC
18:32.9 Graham Bullock, St.John's MU
18:36.6 Colin Kinnear, Etobicoke AC
18:47.8 Peter Dobson, Hyack SC
18:55.7 Andy Crimp, Van CDSC
18:56.8 Jim Donohue, Thun Bay
19:02.2 Darcy Vaughan, Cal Casc SC
19:18.6 Doug Murray, Hamilton AC
19:20.6 Steve Mohamed, Etob AC
19:23.1 Mark Hussey, Hamilton AC
19:36.7 Lorne Simmons, Cal FSC
19:46.6 Cal Jacobs, Ste-Laurent
19:48.0 Trevor DePape, Winn Card SC
19:50.4 Jari Lind, Thun Bay

100 metres back / dos
Rec: 1:10.6 Gord Gray, Pt.Alb AC,74
1:11.5 Frank Kennedy, Pte-Claire
1:12.8 Robbie Wallenius, No Ont AC
1:13.1 Tim McManus, Windsor AC
1:13.6 Joe Murray, Tor Swimtec
1:14.2 Peter Dobson, Hyack SC
1:14.7 Fraser Campbell, Woodstock Y
1:15.0 Trevor DePape, Winn Card SC
1:15.2 Jeff Riddle, Edm JPSC
1:15.4 Cal Jacobs, Ste-Laurent
1:15.4 Peter Ward, No.York AC
1:16.0 Darcy Vaughan, Cal Casc SC
1:16.1 Gray Trevisan, Thun Bay
1:17.1 Dean Nickel, Cambridge AC
1:17.3 Jari Lind, Thun Bay
1:17.7 Chris Engelke, Peterboro Y

200 metres back / dos
Rec: 2:31.1 Gord Gray,Pt.Alb,74
2:34.1 Robbie Wallenius, No Ont AC
2:35.8 Frank Kennedy, Pte-Claire
2:36.4 Tim McManus, Windsor AC
2:38.2 Peter Dobson, Hyack SC
2:38.5 Jim Donohue, Thun Bay
2:38.7 Jeff Riddle, Edm JPSC
2:39.7 Robert Hamel, Cowansville
2:39.8 Darcy Vaughan, Cal Casc SC
2:40.0 Peter Ward, No York AC
2:40.0 Dean Nickel, Cambridge AC
2:40.3 Cal Jacobs, Ste-Laurent
2:40.8 Gary Trevisan, Thun Bay
2:42.1 Robbie Bayliss, Van CDSC
2:42.5 Fraser Campbell, Well Y
2:43.4 Joe Murray, Tor Swimtec

100 metres breast / brasse
Rec: 1:18.6 McVay / Preville, 71
1:21.4 Todd Anderson, Cal Casc SC
1:22.1 Steven Pastirik, Welland Y
1:22.5 Glen Ross, Pte-Claire
1:22.6 Russell Dale, Van CDSC
1:23.3 Ken Fitzpatrick, Lon Y
1:23.5 Andrew McIntosh, Brantfd.AC
1:23.6 George Miller, Burl Cent AC
1:23.8 Tom Reeves, Van HCC
1:23.9 Colin Kinnear, Etobicoke AC
1:23.9 Darcy Vaughan, Cal Casc SC
1:24.0 Geoff Fabian, Sask KG
1:24.0 Ed Wadsworth, Moose Jaw
1:24.7 Craig Stanhope, Edm JPSC
1:25.5 Martin Buckheim, Van CDSC
1:26.4 Jeff Riddle, Edm JPSC

200 metres breast / brasse
Rec: 2:49.9 Clark Vandermye,CDSC
2:56.3 Russell Dale, Van CDSC
2:57.7 Glen Ross, Pte-Claire
2:58.6 Steven Pastirik, Welland Y
2:58.6 Geoff Fabian, Sask KG
2:59.1 Ken Fitzpatrick, London Y
2:59.3 Ed Wadsworth, Moose Jaw
3:00.0 Colin Kinnear, Etobicoke AC
3:00.1 George Miller, Burl Cen AC
3:00.7 Andrew McIntosh, Brantfd AC
3:01.7 Darcy Vaughan, Cal Casc SC
3:04.7 Andy Crimp, Van CDSC
3:05.0 Rod Agar, Oakville AC
3:05.3 Frank Coady, Thun Bay
3:05.8 Marty Kennedy, London Y
3:05.8 Claude Gravel, Ste-Laurent

100 metres fly / papillon
Rec:1:08.8 Steven Stothers,MM,74
1:09.1 Robert Hamel, Cowansville
1:09.2 Cal Jacobs, Ste-Laurent
1:10.4 Andre Theoret, Dorval SC
1:11.7 Darcy Vaughan, Cal Casc SC
1:12.1 Jim Donohue, Thun Bay
1:12.2 Jacques Guenette,Welland Y
1:12.3 Peter Ward, No York AC
1:12.6 Robbie Wallenius, No Ont AC
1:12.6 Lorne Simmons, Cal FSC
1:14.1 Jeff Riddle, Edm JPSC
1:14.3 Chris Engelke, Peterboro Y
1:14.5 Andy Crimp, Van CDSC
1:14.7 Peter Dobson, Hyack SC
1:14.7 Jacques Plouffe, Laval Al
1:15.3 Brad Wall, Winn SJS

200 metres fly / papillon
Rec: 2:27.8 Robert Hamel,Cowans.75
2:27.8 Robert Hamel, Cowansville,
2:32.4 Andre Theoret, Dorval SC
2:37.0 Robbie Wallenius, No Ont AC
2:37.0 Peter Ward, No York AC
2:38.9 Jacques Guenette,Welland Y
2:39.1 Andy Crimp, Van CDSC
2:41.0 Lorne Simmons, Cal FSC
2:42.9 Darcy Vaughan, Cal Casc SC
2:44.9 Bruno Malibert, Van CDSC
2:45.4 Peter Dobson, Hyack SC
2:45.8 Chris Engelke, Peterboro Y
2:45.9 Bill Pawlowsky, Pte-Claire
2:48.1 Brad Wall, Winn SJS
2:48.5 Robbie Bayliss, Van CDSC
2:49.1 Jacques Plouffe. Laval Al

200 metres i.m. / quatre nages
Rec: 2:28.5 Clark Vandermye,CDSC
2:35.4 Cal Jacobs, Ste-Laurent
2:36.7 Robbie Wallenius, No Ont AC
2:37.7 Ken Fitzpatrick, London Y
2:38.0 Darcy Vaughan, Cal Casc SC
2:38.4 Andre Theoret, Dorval SC
2:38.6 Peter Dobson, Hyack SC
2:38.8 Jim Donohue, Thun Bay
2:39.0 Andy Crimp, Van CDSC
2:41.1 Russell Dale, Van CDSC
2:41.1 Todd Anderson, Cal Casc SC
2:41.5 Jeff Riddle, Edm JPSC
2:41.7 Colin Kinnear, Etobicoke AC
2:41.8 Trevor DePape, Winn Card SC
2:42.4 Robbie Bayliss, Van CDSC
2:42.5 Frank Kennedy, Pte-Claire

400 metres i.m. / quatre nages
Rec: 5:18.2 Clark Vandermye,CDSC
5:26.7 Peter Dobson, Hyack SC
5:29.6 Andy Crimp, Van CDSC
5:30.2 Darcy Vaughan, Cal Casc
5:34.4 Todd Anderson, Cal Casc
5:36.8 Russell Dale, Van CDSC
5:43.2 Jim Donohue, Thun Bay
5:47.0 Trevor DePape, Winn Card
5:47.1 Robbie Bayliss, Van CDSC
5:51.5 Kevin Jarvis, Edm Olym
5:52.5 Frank Coady, Thun Bay
5:53.9 Jari Lind, Thun Bay
5:54.6 Lorne Simmons, Cal FSC
5:55.9 Helmut Dyck, Winn Card
5:56.1 Calvin Jacobs, Ste-Laurent
5:58.6 Robert Hamel, Cowansville

13-14 BOYS / GARCONS

100 metres free / libre
Rec: 56.9 Pickell.72 / Morneau,74
58.6 Brad Smith, Hyack SC
58.6 Darcy Gaskell, Ottawa GSC
58.9 Paul Abraham, Pte-Claire
59.0 Bill Westcott, Ottawa K
59.0 Elliot McVeigh, Scarboro SC
59.2 Peter Szmidt, Pte-Claire
59.3 Daryl Skilling, Thun Bay
59.5 Dan Dziadyk, Saskatoon KG
59.5 Steve Gelling, Ottawa K
59.5 Mike Rahn, Hamilton AC
59.5 Mike Warden, Scarboro SC
59.5 Robert Street, St.John's MUSC
59.5 George Holloway, Hyack SC
59.5 Craig Samuel, No York AC
59.7 Bill Young, London Y

200 metres free / libre
Rec: 2:02.1 Jim Green, VP, 74
2:03.7 Daryl Skilling, Thun Bay
2:05.6 Craig Samuel, No.York AC
2:05.6 Robert Street, St.John's MUSC
2:05.8 Brad Smith, Hyack SC
2:06.4 Mike Rahn, Hamilton AC
2:06.6 George Holloway, Hyack SC
2:07.2 Elliot McVeigh, Scarboro SC
2:08.8 Craig Kinnear, Etobicoke AC
2:09.0 Alan Webster, London Y
2:09.0 Peter Szmidt, Pte-Claire
2:09.6 Bill Westcott, Ottawa K
2:10.1 Dennis Corcoran, Etobicoke AC
2:10.7 Chris Nicholson, Regina OD
2:10.9 Steven Stothers, Man Marlins
2:11.0 Clark Vandermye, Van CDSC

400 metres free / libre
Rec: 4:15.6 Daryl Skilling, TBT, 74
4:15.3 Daryl Skilling, Thun Bay (Ic)
4:22.1 Craig Samuel, No York AC
4:26.2 George Holloway, Hyack SC
4:27.5 Peter Szmidt, Pte-Claire
4:28.3 Craig Kinnear, Etobicoke AC
4:29.9 Elliot McVeigh, Scarboro SC
4:30.6 Alan Webster, London Y
4:32.1 Mike Rahn, Hamilton AC
4:32.5 Robert Trevisan, Thun Bay
4:32.9 Wade Flemons, Van HCC
4:34.4 Brad Smith, Hyack SC
4:34.7 Chris Lane, Winn Card SC
4:35.0 Mark Gillis, Pte-Claire
4:35.1 Dennis Corcoran, Etobicoke AC
4:35.4 Jeff Beatty, Regina OD

1500 metres free / libre
Rec: 16:55.5 Jim Green, VP, 74
16:29.0 Daryl Skilling, Thun Bay (Ic)
17:07.6 Craig Samuel, No York AC
17:30.8 Peter Szmidt, Pte-Claire
17:31.2 Alan Webster, London Y
17:38.5 George Holloway, Hyack SC
17'39.4 Craig Kinnear, Etobicoke AC
17:42.6 Mark Gillies, Pte-Claire
17:42.8 Brad Smith, Hyack SC
17:46.0 Steven Sproule, Halifax TAC
17:46.7 Scott Esau, Cal Casc SC
17:48.0 Mike Rahn, Hamilton AC
17:50.0 Dennis Corcoran, Etob AC
17:58.5 Blair Tucker, St.John's MUSC
18'06.3 John Sheperdson, Hamilton
18:10.2 Rob Geller, Ste-Laurent

100 metres back / dos
Rec:1:03.8 McCloskey.69 / Pickell,72
1:05.8 Blair Tucker, St.John's MUSC
1:05.9 Daryl Skilling, Thun Bay
1:06.8 Craig Samuel, No York AC
1:06.9 Jerome Powers, Que Select
1:07.6 Darcy Gaskell, Ottawa GSC
1:08.4 David Dawson, Sask KG
1:08.5 Neal Carley, Van CDSC
1:08.5 Wade Flemons, Van HCC
1:08.9 Cameron Barber, Ottawa GSC
1:09.2 Robert Nielson, Stettler SC
1:09.3 Bill Westcott, Ottawa K
1:09.3 Nick Whittington, Cambr.AC
1:09.7 Alan Webster, London Y
1:10.2 Scott Frolick, Regina OD
1:10.2 Victor Jensen, Moose Jaw

200 metres back / dos
Rec: 2:18,9 Don Lowe, Cal FSC,73
2:18.2 Daryl Skilling, Thun Bay,(Ic)
2:22.6 Blair Tucker, St.John's MUSC
2:23.3 Alan Webster, London Y
2:23.8 Craig Samuel, No York AC
2:25.9 Jerome Powers, Que Select
2:26.0 Darcy Gaskell, Ottawa GSC
2:26.1 Cam Barber, Ottawa GSC
2:26.5 Nick Whittington,Cambr.AC
2:27.4 David Dawson, Sask KG
2:28.4 Wade Flemons, Van HCC
2:28.5 Ken Watson, Cambr.AC
2:30.0 Scott Frolick, Regina OD
2:30.3 Robert Nielson, Stettler SC
2:30.4 Victor Jensen, Moose Jaw
2:30.7 Bill Westcott, Ottawa K
2:30.7 Neal Carley, Van CDSC

100 metres breast / brasse
Rec: 1:12.09 Francois Morneau,UL,74
1:12.7 Greg Wurzbach, Pte-Claire
1:14.8 Brian Fester, Edmonton SSSC
1:14.8 Victor Jensen, Moose Jaw
1:15.4 Dave Meredith, Tor Swimtec
1:15.7 Robert Street, St.John's MUSC
1:15.8 Mark Vimintz, Hyack SC
1:16.1 Bill Westcott, Ottawa K
1:16.1 Francois Laurin, Pte-Claire
1:16.4 Dave Walters, Guelph MAC
1:16.4 Doug Miller, Hyack SC
1:16.9 David Monroe, Cal Casc SC
1:17.2 David Burke, Oakville AC
1:17.4 Craig Samuel, No York AC
1:17.4 Jeff McKenzie, Peterboro Y
1:17.4 Neil MacLaine, Ottawa K

200 metres breast / brasse
Rec: 2:36.88 Francois Morneau,UL,74
2:38.8 Greg Wurzbach, Pte-Claire
2:40.2 Craig Samuel, No York AC
2:41.7 Dave Meredith, Tor Swimtec
2:42.3 Robert Stirling, Edm Olym
2:43.9 Francois Laurin, Pte-Claire
2:44.4 Bill Westcott, Ottawa K

TOP AGE GROUP TIMES

2:44.5 David Burke, Oakville AC
2:44.5 Mark Viminitz,Hyack SC
2:44.5 Victor Jensen, Moose Jaw
2:45.0 Brad Smith, Hyack SC
2:45.2 David Monroe, Cal Casc SC
2:45.8 Paul Weevers, Winn SJAK
2:46.6 Robert Street, St.John's MUSC
2:46.7 Brian Fester, Edmonton SSSC
2:46.8 David Walters, Guelph MAC

100 metres fly / papillon
Rec: 1:02.6 Dan Monfette,Select,75
1:02.6 Dan Monfette, Que Select
1:02.8 John Gallant, No York AC
1:03.4 Brian Armstead, Calgary RFL
1:04.4 Darcy Gaskell, Ottawa GSC
1:05.0 Blair Tucker, St.John's MUSC
1:05.5 Bill Westcott, Ottawa K
1:05.8 Elliot McVeigh, Scarb SC
1:06.0 Brad Smith, Hyack SC
1:06.4 Craig Samuel, No York AC
1:06.9 Steven Stothers,Man Marlins
1:07.0 Gray Fowler, Etobicoke AC
1:07.1 John Drope, Calgary Casc
1:07.9 Bill Young, London Y
1:07.9 Mike Kanuka, Regina OD
1:08.0 Craig Kinnear, Etobicoke AC
1:08.0 Paul Abraham,Pte-Claire

200 metres fly / papillon
Rec: 2:16.3 John Gallant,NYAC,75
2:16.3 John Gallant, No York AC
2:17.9 Blair Tucker, St.John's MUSC
2:20.4 Craig Samuel, No York AC
2:21.8 Craig Kinnear, Etobicoke AC
2:22.4 Darcy Gaskell, Ottawa GSC
2:22.6 Steven Stothers, Man Marlins
2:23.7 Dan Monfette, Que Select
2:25.7 Elliot McVeigh, Scarboro SC
2:26.6 Bill Westcott, Ottawa K
2:26.7 Brian Armstead, Calgary RFL
2:28.0 Bill Yougn, London Y
2:29.0 Brad Smith, Hyack SC
2:31.4 John Drope, Cal Casc SC
2:31.8 David Birkett, Calgary RFL

200 metres i.m. / quatre nages
Rec: 2:19.9 Craig Samuel, NYAC,74
2:19.9 Craig Samuel, No York AC
2:22.7 Bill Westcott, Ottawa K
2:24.6 Blair Tucker, St.John's MUSC
2:24.8 Alan Webster, London Y
2:26.2 John Gallant,No York AC
2:26.7 Brad Smith, Hyack SC
2:27.0 Daryl Skilling, Thun Bay
2:27.0 Clark Vandermye, Van CDSC
2:27.7 Steven Stothers, Man Marlins
2:28.6 Brian Fester, Edmonton SSSC
2:28.6 Robert Trevisan, Thun Bay
2:28.6 Darcy Gaskell, Ottawa GSC
2:28.9 Robert Nielson, Stettler SC
2:29.3 Brian Armstead,Calgary RFL
2:29.3 Victor Jensen, Moose Jaw

400 metres i.m. / quatre nages
Rec: 4:55.0 Craig Samuel, NYAC, 74
4:55.0 Craig Samuel, No York AC
5:07.4 Brad Smith, Hyack SC
5:07.6 Bill Westcott, Ottawa K
5:08.5 John Gallant, No York AC
5:08.7 Steven Stothers, Man Marlins
5:09.6 Blair Tucker, St.John's MUSC
5:13.4 Wade Flemons, Van HCC
5:13.7 George Holloway, Hyack SC
5:14.5 Craig Kinnear, Etobicoke AC
5:17.0 Alan Webster, London Y
5:17.4 Bill Young, London Y
5:17.5 Darcy Gaskell, Ottawa GSC
5:19.0 Greg Wurzbach, Pte-Claire
5:19.3 Dennis Corcoran, Etob AC
5:19.2 Dan Monfette, Que Select

15-17 BOYS / GARCONS

100 metres free / libre
Rec: 52.4 Steve Pickell, CDSC, 75
52.4 Steve Pickell, Van CDSC
55.0 Robt.Luxemberg,17,Pte-Claire
55.2 Steve Hardy,16, Hyack SC
55.3 Rob Grundison,16,Vic ASC
55.7 Lester Jackson,17,Pte-Claire
55.8 Joe Wright,17, Tor Swimtec
55.9 Graham Smith,16,Edm Olym
56.0 Paul Thompson,17,Kitch-Wat
56.2 Jim Graham, Sask YK
56.3 Graham Sutch,17,No York AC
56.4 Michael Ker,17, Van CDSC
56.4 Denis Dufour,15,Que Select
56.6 Dan Saunders,16,Ft.Edm Sharks
56.7 Jim Shockey,17,Sask KG
56.8 Tom Alexander,16,Thun Bay
56.8 Randy Herd,16,No Van SC

200 metres free / libre
Rec: 1:56.9 Steve Pickell,CDSC, 75
1:56.9 Steve Pickell,17, Van CDSC
1:58.7 Mike Blondal,17,Pte-Claire
1:59.5 Rob Grundison,17,Vic ASC
1:59.5 Mac Teskey,16,Etob AC
1:59.8 Michael Ker,17,Van CDSC
1:59.9 Jim Green,15,Hyack SC
2:00.4 Graham Sutch,17,No York AC
2:00.5 Gary Davis,16,Hyack SC
2:01.1 Tom Alexander,16,Thun Bay
2:01.3 Steve Hardy,16, Hyack SC
2:01.4 Randy Herd,16,No Van SC
2:01.9 Butch Batchelor,17,Van CDSC
2:01.9 George Nagy,17,Van CDSC
2:02.1 Brad Smith,16, Hyack SC
2:02.6 Kelly Franks,16,Hyack SC

400 metres free / libre
Rec: 4:08.2 Jim Green,15,Hyack 75
4:08.2 Jim Green,15, Hyack SC
4:13.7 Kelly Franks,16,Hyack SC
4:13.8 Mac Teskey,16,Etob AC
4:14.0 Tom Alexander,16,Thun Bay
4:14.6 Michael Ker,17,Van CDSC
4:14.7 Butch Batchelor,17,Van CDSC
4:15.0 Rick Madge,17,Etob AC
4:16.1 Randy Herd,16,No Van SC
4:16.3 Gary Davis,16,Hyack SC
4:16.8 Graham Sutch,17,No York AC
4:17.4 George Carpouzis,17,Pte-Claire
4:17.6 Rob Grundison,17,Vic ASC
4:18.4 Jim Shockey,17,Sask KG
4:19.2 Dan Rogers,16,Etob AC
4:19.2 Darrell Dean,15,Regina OD

1500 metres free / libre
Rec: 16:09.1 Michael Ker,CDSC, 75
16:09.1 Michael Ker, 17,Van CDSC
16:11.4 Jim Green,15, Hyack SC
16:26.6 George Nagy,17,Van CDSC
16:37.4 Rick Madge,17,Etob AC
16:43.0 Tom Alexander,16,Thun Bay
16:43.8 Mac Teskey,16,Etob AC
16:46.4 Gary Davis,16,Hyack SC
16:46.8 Bruce Rogers,17,Etob AC
16:49.5 Kelly Franks,16,Hyack SC
16:55.1 Rob Grundison,17,Vic ASC
16:55.9 Paul Midgeley,17,Pte-Claire
16:57.6 Brad Smith,16,Hyack SC
16:59.1 John Heinbuch,17,Kitch-Wat
17:00.2 Craig Marney,17,Cal Casc SC
17:05.6 Darrell Dean,15,Regina OD

100 metres back / dos
Rec: 57.9 Steve Pickell,CDSC, 74
57.9 Steve Pickell, 17, Van CDSC
1:01.7 Rick Frame,16,Oakville AC
1:02.5 Michael Ker,17,Van CDSC
1:03.3 Darcy Hamilton,16,Hyack SC
1:03.7 Dan Rogers,16,Etob AC
1:03.7 Butch Batchelor,17,Van CDSC
1:04.4 Jim Shockey,17,Sask KG
1:04.8 Brian Harvey,16,Tor Swimtec
1:04.8 Dave Delaney,17,Ottawa K
1:04.8 Steve Hardy,16,Hyack SC
1:04.8 Nick Borrelly,15, Vic ASC
1:04.8 Doug Portelance,16,Vic Coho
1:05.1 Mike Scarth,15,Edm JPSC
1:05.5 Marc Simard,15,Que Select
1:05.6 Pierre Lemonde,15,Que Select

200 metres back / dos
Rec: 2:10.1 Steve Pickell,CDSC, 74
2:10.1 Steve Pickell,17, Van CDSC
2:12.2 Steve Hardy,16, Hyack SC
2:14.4 Rick Frame,16,Oakville AC
2:15.6 Butch Batchelor,17,Van CDSC
2:15.8 Dan Rogers,16,Etob AC
2:17.2 Darcy Hamilton,16,Hyack SC
2:18.3 Michael Ker,17,Van CDSC
2:18.5 Jim Shockey,17,Sask KG
2:18.9 Dave Delaney,17,Ottawa K
2:19.8 Iain MacVay,16,Van CDSC
2:19.8 Nick Borrelly,15, Vic ASC
2:20.4 Brian Harvey,16,Tor Swimtec
2:20.6 Rick Madge,17,Etob AC
2:20.9 Chris Erickson,16,Mississauga
2:21.1 Chuck Grace,17,London Y

100 metres breast / brasse
Rec: 1:07.1 Graham Smith,Edm O,75
1:07.1 Graham Smith,16,Edm Olym
1:10.2 Rob Grundison,17,Vic ASC
1:10.5 Ron Campbell,17,Kitch-Wat
1:10.9 Camil Chevalier,16,Que Select
1:11.2 O.J.Wurzbach,17,Pte-Claire
1:11.4 Graham Sutch,17,No York AC
1:12.0 Francois Morneau,15,Que Sel
1:12.0 Derrick Hamilton,17,Hyack SC
1:12.3 Carl Lytollis,16,Etob AC
1:12.4 John Heinbuch,17,Kitch-Wat
1:12.4 John Vanderboor,17,Vic ASC
1:12.5 Fraser Atkinson,17,Van CDSC
1:12.6 Iain MacVay,16,Van CDSC
1:13.0 Mike Hoover,15,Cal WC
1:13.1 Derek Lund,15,Edm JPSC

200 metres breast / brasse
Rec: 2:26.8 Graham Smith,Edm O,75
2:26.8 Graham Smith,16,Edm Olym
2:31.7 Francois Morneau,15,Select
2:33.3 Andy Ritchie,15, Thun Bay
2:34.0 Graham Sutch,17,No York AC
2:35.2 Rob Grundison,16,Vic ASC
2:35.3 Ron Campbell,17,Kitch-Wat
2:35.6 Steve Pickell,17,Van CDSC
2:36.8 Iain MacVay,16, Van CDSC
2:36.8 O.J.Wurzbach,17,Pte-Claire
2:36.9 Fraser Atkinson,17,Van CDSC
2:37.1 Derrick Hamilton,17,Hyack SC
2:37.1 Brian Sutch,15,No York AC
2:37.3 Mike Hoover,15,Calgary WC
2:37.4 Carl Lytollis,16,Etob AC
2:38.0 Randy Herd,16,No Van SC

100 metres fly / papillon
Rec: 57.7 Steve Pickell, CDSC, 75
57.7 Steve Pickell,17, Van CDSC
1:00.7 Scott Storey,17,Brantfd.AC
1:01.2 Rob Grundison,17,Vic ASC
1:01.3 George Nagy,17,Van CDSC
1:01.3 Michael Ker,17,Van CDSC
1:01.5 Bruce Rogers,17,Etob AC
1:01.5 Greg Hemstreet,15,Windsor AC
1:01.7 Butch Batchelor,17,Van CDSC
1:02.2 John Vanderboor,17,Vic ASC
1:02.3 Jim Green,16,Hyack SC
1:02.3 Lester Jackson,17,Pte-Claire
1:02.6 Doug Cathro,16,Edm JPSC
1:02.7 Ivor Fleming,17,Hyack SC
1:02.8 Dave Moodie,17,Ottawa K
1:02.9 Chris Price,17,Edm JPSC

200 metres fly / papillon
Rec: 2:10.9 Bruce Rogers,EMAC,74
2:10.9 Bruce Rogers,17,Etob AC
2:11.2 George Nagy,17,Van CDSC
2:11.7 Butch Batchelor,17,Van CDSC
2:14.8 Iain MacVay,16,Van CDSC
2:14.9 Claus Bredschneider,15,EMAC
2:15.5 Rob Grundison,17,Vic ASC
2:16.2 Ian Fraser,17,Pte-Claire
2:16.5 Jim Stenhouse,17,Ridge SC
2:17.0 Andy Ritchie,16,Thun Bay
2:17.4 Jim Green,16,Hyack SC
2:17.7 John Heinbuch,17,Kitch-Wat
2:17.8 Rick Madge,17,Etob AC
2:18.4 Ivor Fleming,17,Hyack SC
2:19.0 Randy Herd,16,No Van SC
2:19.6 Richard Torrance,17,Scarb SC

200 metres i.m. / quatre nages
Rec: 2:12.6 Steve Pickell,CDSC,74
2:12.6 Steve Pickell, 17,Van CDSC
2:14.5 Jim Shockey,17,Sask KG
2:16.4 Rob Grundison,17,Vic ASC
2:17.3 Graham Smith,16,Edm Olym
2:17.7 Rick Madge,17,Etob AC
2:18.5 Craig Marney,17,Cal Casc SC
2:18.6 Randy Herd,16,No Van SC
2:18.8 Bill Sawchuk,16,Thun Bay
2:18.8 Francois Morneau,15,Que Sel
2:19.3 Andy Ritchie,16,Thun Bay
2:19.4 John Vanderboor,17,Vic ASC
2:19.5 Paul Thompson,17,Kitch-Wat
2:19.6 Lester Jackson,17,Pte-Claire
2:20.1 Bill Hope,16,Vic ASC
2:20.6 Iain MacVay,16,Van CDSC

400 metres i.m. / quatre nages
Rec: 4:40.2 Steve Pickell,CDSC, 75
4:40.2 Steve Pickell, 17,Van CDSC
4:42.2 George Nagy,17,Van CDSC
4:46.4 Butch Batchelor,17,Van CDSC
4:46.7 Andy Ritchie,16,Thun Bay
4:47.8 Jim Shockey,17,Sask KG
4:50.9 Butch Batchelor,17,Van CDSC
4:51.6 Michael Ker,17,Van CDSC
4:51.7 Rick Madge,16,Etob AC
4:52.2 John Heinbuch,17,Kitch-Wat
4:52.3 Michael Ker,17,Van CDSC
4:53.4 Rob Grundison,17,Vic ASC
4:55.1 Randy Herd,16,No Van SC
4:55.9 C.Bredschneider,15,Etob AC
4:56.1 Murray White,16,Mississauga
4:56.1 Jim Green,16,Hyack SC

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3	*Hyack SC*	*882*
4	*Etobicoke AC*	*674*
5	*Thunder Bay*	*673*
6	*North York AC*	*620*
7	*Quebec Select*	*403*
8	*Edmonton Olympian*	*364*
9	*Vancouver Pacific SC*	*333*
10	*Hamilton AC*	*330*

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For further information:
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INTERNATIONAL

Australian Nationals—Feb.21-23

Perth was the location of the summer nationals (50 m). The meet had few good performances, with Judy Hudson, and Sonya Gray being the top performers.

Women's results:

100 free: 58.8 Sonya Gray, 59.0 Shirley Babashoff,USA; 59.0 Drue Leguier,
200 free: 2:04.9 Sonya Gray,AUS, 2:06.2 Shirley Babashoff,USA; 2:08.0 Jenny Turrall,
400 free: 4:17.9 Sonya Gray,4:21.3 Jenny Turrall,4:22.9 Shirley Babashoff,USA
800 free: 8:53.9 Jenny Turrall, 8:54.2 Rosemary Milgate,9:00.2 Claire Beck.
100 back: 1:08.2 Gail Robertson
200 back: 2:24.1 Gail Robertson
100 breast: 1:17.8 Allison Smith 1:17.9 Beverly Whitfield
200 breast: 2:42.9 Judy Hudson, 2:44.1 Beverly Whitfield, 2:45.0 Allison Smith
100 fly: 1:05.4 Nira Stove, 1:05.5 Allison Tomerini
200 fly: 2:20.9 Judy Hudson; 2:22.5 Nira Stove 2:22.5 Lynn Celotti.
200 im: 2:24.8 Judy Hudson; 2:25.8 Shirley Babashoff,USA;
400 im: 5:05.0 Judy Hudson,5:08.8 Jenny Turrall; 5:11.5 Shirley Babashoff

Men's results:

100 free: 53.1 Rick Abbot,USA; 53.8 Graham Windeatt.
200 free: 1:55.7 Graham Windeatt; 1:58.4 John Kulasalu.
400 free: 4:02.8 Steve Holland,4:05.8 Graham Windeatt, 4:07.0 Christian.
800 free: 8:15.2 Steve Holland,8:29.9 Max Metzker,
1500 free: 15:49.0 Steve Holland.
100 back: 59.7 Mark Tonelli
200 back: 2:10.5 Mark Tonelli
100 breast: 1:08.3 Marc Bohan,USA
200 breast: 2:30.6 Bush
100 fly: 58.4 Smith, 58.5 Rick Abbot, USA
200 fly: 2:10.0 Mark Tonelli,
200 im: 2:12.0 Graham Windeatt
400 im: 4:40.7 Dawson, 4:44.9 Graham Windeatt.

TILT International-Feb.14-16,Paris

This was the top short course meet in Europe this season (25 m) The Soviet swimmers are showing signs of a revival:

Men's results:

100 free: 51.60 Guarducci,ITA
200 free: 1:51.84 Alex Samsonov, USSR; 1:52.37 Tim Shaw,USA; 1:54 07 Bruce Furniss,USA.
1500 free: 15:32.46 Tim Shaw,USA; 15:43.43 Igor Evgrafov,USSR.
100 back: 59.75 Tim Shaw,USA; 1:00.51 Gary Hall,USA
200 back: 2:08.58 Bill Patterson,USA 2:08.79 Tim Shaw,USA
100 breast: 1:04.84 Rick Hofstetter, USA; 1:06.18 Giorgio Lalle, ITA
200 breast: 2:24.01 Flunt,USSR; 2:25.66 Rick Hofstetter,USA
100 fly: 55.86 Gary Hall, USA; 57.26 Brian Brinkley,GBR
200 fly: 2:03.40 Brian Brinkley,GBR
200 im: 2:07.61 Sergei Zakharov, USSR; 2:07.89 Gary Hall, USA

Women's results:

100 free: 57.65 Barbara Karuse,DDR 58.13 Kathy Heddy,USA
200 free: 2:03.21 Kathy Heddy,USA 2:03.81 Heather Greenwood,USA; 2:04.19 Angela Franke,DDR
800 free: 8:46.22 Heather Greenwood USA; 8:52.01 Cornelia Dorr,DDR; 8:54.94 Carine Verbauwen,BEL
100 back: 1:07.05 ,Antonella Roncelli,ITA
200 back: 2:20.97 Antonella Roncelli,ITA; 2:21.70 Corianne Heymans,HOL
100 breast: 1:13.67 Jeanette Petterson,SWE; 1:15.18 Marina Urchenia, USSR; 1:16.06 Dagmar Rehak,WGE
*200 breast:*2:38.78 Jeanette Petterson,SWE;2:39.92 Marina Urchenia, USSR.
100 fly: 1:03.61 Anne K.Leucht, DDR; 1:03.68 Ute Bruckner,DDR
200 fly: 2:16.63 Anne K.Leucht, DDR; 2:16.66 Valerie Lee,USA
200 im: 2:19.91 Angela Franke, DDR; 2:21.38 Jill Symons,GBR 2:21.51 Kathy Heddy,USA.

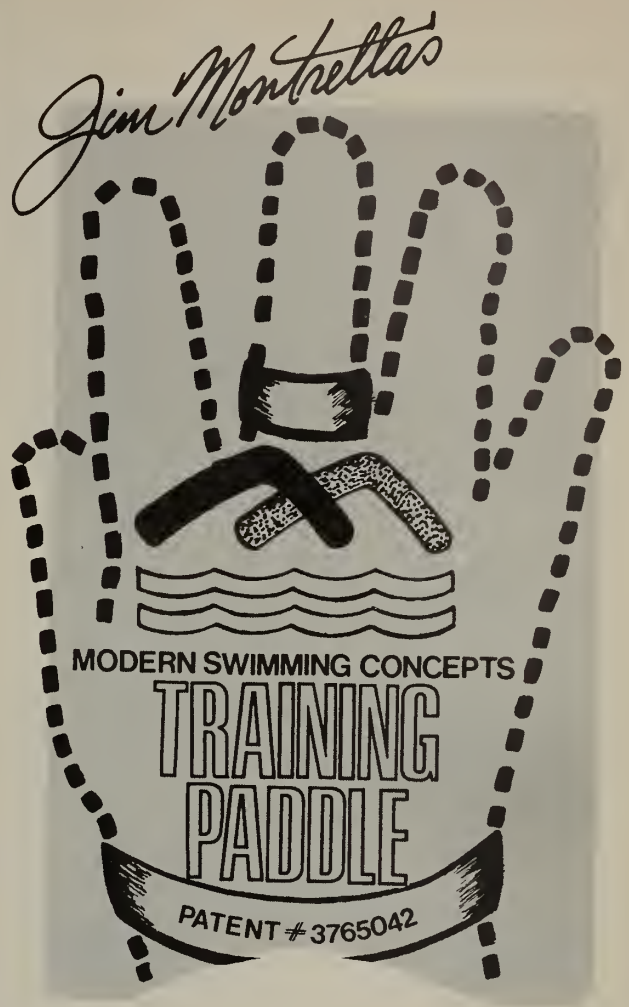
German Democratic Republic Winter Championships, Feb.22--23

The meet was held short course (25m) in Rostock, with the women's results producing some best ever (sc) times: *Women's results:*

100 free: 56.17 Kornelia Ender, 56.49 Barbara Krause, 57.85 Claudia Hempel.
200 free: 2:00.56 Kornelia Ender, 2:03.28 Barbara Karuse,2:04.22 Angelika Franke.
400 free: 4:16.33 Kornelia Ender, 4:16.56 Barbara Krause,4:19.51 Cornelia Dorr.
800 free: 8:48.02 Cornelia Dorr, 8:51.53 Sabine Kahle, 8:55.78 Barbara Krause.
100 back: 1:04.64 Claudia Hempel, 1:04.77 Ulrika Richter, 1:05.84 Ulrika Tauber.
200 back: 2:15.95 Claudia Hempel, 2:17.91 Ulrika Tauber, 2:21.09 Ulrika Tauber.
100 breast: 1:12.29 Hannelore Anke, 1:13.94 Karla Linke,1:14.24 Doris Meier.
200 breast: 2:33.19 Karla Linke, 2:33.69 Hannelore Anke, 2:36.40 Annekatrin Schott.
100 fly: 1:01.39 Kornelia Ender, 1:01.93 Rosemarie Kother,
200 fly: 2:14.43 Rosemarie Kother, 2:17.54 Gabrielle Wuschek.
200 im: 2:17.45 Ulrika Tauber, 2:19.69 Angela Franke, 2:21.18 Caludia Hempel.
400 im: 4:48.64 Ulrika Tauber; 4:51.55 Angela Franke, 4:51.73 Sabine Kahle.

Men's results:

*100 free:*51;44 Roger Pyttel
200 free: 1:52.19 Roger Pyttel
400 free: 3:59.27 Strohback, 3:59.30 Pfutze.
1500 free: 15:43.59 Pfutze
100 back: 1:00.64 Tomas Luckau
200 back: 2:06.83 Ackenhausen
100 breast: 1:07.44 Jurgen Glas
200 breast: 2:29.94 Jurgen Glas
100 fly: 55.28 Roger Pyttel
200 fly: 2:01.69 Roger Pyttel
200 im: 2:08.36 Chris Lietzmann
400 im: 4:35.82 Walter.



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